



"Blues, Beer and Barbecue" was among the 14 salons offered at the Gala. Hosted by Maygene and Steve Daniels, Chuck Burger, and Nancy Broers, the evening featured a beer-tasting of four locally-produced beers, and then musicians from the Archie Edwards Blues Heritage Foundation who entertained with Piedmont blues music. More salon pictures are on page 11.

FROM THE EXECUTIVE DIRECTOR

We Are a Village



Judy Berman

I hope your spring holidays were joyful and that allergy season is treating you kindly.

Every month feels like a year right now, with so many

extraordinary things happening and the world changing (or maybe just showing its underbelly) right before our eyes. At the same time, we're going about our day-to-day affairs because we have to, because amidst uncertainty the familiar is comforting, and to face the possibility that our day-to-day concerns may not matter in the coming days, weeks, or months is just too heavy a weight to carry.

What's true for us as individuals is also true for the Village. We are

watching external events and trying to anticipate immediate and long-term impacts, but we're also going about our regular business—matching volunteers to member requests for service, scheduling rides, meeting members in their homes, hosting affinity groups, planning events, and advocating for DC to support aging in place.

Of course, one of the most important things we do is make sure that CHV, with all the activities that are part of our "regular business," remains an inclusive and welcoming organization, including for those with low and moderate incomes. While some would like to make diversity, equity, and inclusion dirty words, at CHV they are fundamental to who we are and what we do. Our vision is, quite

► continued on page 3

Scammers Never Take a Vacation

All year long, scammers are looking for ways to steal your hard-earned money. Federal Trade Commission data shows people reported losing \$12.5 billion to scams in 2024, which is up \$2.5 billion from 2023. Check out the free resources at consumer.gov to help manage your money while protecting it from scammers. <https://consumer.gov/scams-identity-theft>

One approach scammers take is to lie and pretend to be someone they're not to trick you into giving them money, access to your accounts, or your personal information. They pretend to be from a business you know or from a government agency—or both. In a recent twist on these constantly evolving schemes, [scammers claimed to be FTC Chairman Andrew Ferguson](#).

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Scammers Never Take a Vacation *continued from page 1*

A Real-life example Shows How Scammers Can Appear Totally Legitimate.

Chris and I were having a leisurely morning when he got a call from a local number. The rule in our house is that you don't answer it if you don't know who it is. If it's legit, they will leave a message.

Well, sure enough, they left a message. It was from (supposedly) our local sheriff saying that Chris needed to return the call regarding a missed grand jury summons. Yikes! The message was very convincing. They knew Chris's name and address, said they were calling from our sheriff's department, and sounded authoritative (like a police officer would sound).

Chris called the number back (mistake #1), and a serious-sounding male voice answered the phone. He told Chris he missed a grand jury summons and

needed to address it immediately. He had two options: He could go to the sheriff's office, but he would most likely be taken into custody while they investigated the matter, or he could deal with it another way.

Here's where the red flags started going off. Instead of panicking, Chris said, "This doesn't seem right to me. I'm going to hang up and call the sheriff's office to make sure this is legit." After some hemming and hawing, the scammer finally hung up.

We did some Googling and found out that the goal of this particular scam is to scare people into paying the "fine" and bypass the whole "taking you into custody while we process the paperwork" ordeal. You can read more about this particular scam [here](#).

Here are the takeaways:

- Courts never ask for immediate payment over the phone. In fact, no government agency will do that.
- Only scammers insist that you can only pay with gift cards, a payment app, cryptocurrency, or a wire transfer service like Western Union or MoneyGram because it's very hard to get your money back if you pay in these ways.
- Courts never ask for sensitive personal information over the phone, like your Social Security number or date of birth. Only scammers do.
- DO NOT provide the requested information or payment.
- Scammers often send and create messages that look like they are coming from a legitimate source.
- Hang up the phone and do not engage with the caller.
- Reach out directly to the court or law enforcement agency named to verify or report the contact.

Your Input is Needed on Sidewalk Injuries

By Fynnette Eaton

A recent DC Council oversight hearing revealed that the issue of people being injured by falls on sidewalks is more widespread than the Capitol Hill Village Sidewalk Safety Team originally



Bill Matuszeski shows the area where he fell and was injured on Christmas Eve in 2022.

thought. In response, the Team is collecting stories about injuries people have suffered because they tripped on the sidewalks in the city.

To protect your privacy, the Team will keep your identity and contact information separate from your story and will include you in any discussion if somebody outside of CHV wants more information.

Please share your story to the Team via chvpedestriansafety@gmail.com, and provide the following information:

- Your name and email address, which we will keep confidential
- The street address where you fell
- The date of your fall
- Your story
 - Were you injured? How badly? Did you seek medical help?
 - Did you apply to the Office of Risk Management for reimbursement of your expenses? If so, when? How much did you request? How much did you receive? What was the date you received the money?
 - Did you sue the DC government for your injury? Please explain.

The Sidewalk Safety Team, an advocacy group of Capitol Hill Village (<https://capitolhillvillage.org/sidewalksafety/>), testified at the February 5 District Department of Transportation oversight hearing, which was chaired by Council Member Charles Allen. In 2024, the Team was recognized by Allen with a Brickie Award, which Allen says "celebrates the Ward 6 neighbors, organizations, groups, and businesses that go above and beyond to make Ward 6 a great place to call home."

CAPITOL HILL VILLAGE

To reach us:

202-543-1778 (M-F, 9 a.m.-5 p.m.)

info@capitolhillvillage.org

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Connect with CHV at:



To **unsubscribe**, please send an e-mail to info@capitolhillvillage.org

To **become a member**, go to www.capitolhillvillage.org and click on "Membership." Dues can be paid online, or call the office at 202-543-1778.

To **support the Village**, go to www.capitolhillvillage.org and click on "Support the Village." Capitol Hill Village is a 501(c)3 charitable institution, and your gift is tax deductible.

Please consider CHV in your estate planning. Call Judy Berman for further information.



CHV #55474

Capitol Hill Village Leaders

Judy Berman, *Executive Director*
Maury Stern, *President of the Board*
Mary Bloodworth, *Director of Operations*
Pamela Johnson, *Peer Health Outreach Specialist*
Jenna Jones, *Administrative Coordinator*
Lizzy Kosin, *Director of Care Services*
Cassandra McPerson, *Grant Programs Manager*
Sophia Ross, *Digital Media and Grant Program Strategist*
Alex Smith, *Care Services Specialist*

Capitol Hill Village News Team

Editor: Karen Stuck
Layout: Roxanne Walker

FROM THE EXECUTIVE DIRECTOR

We Are a Village *continued from page 1*

literally, to see "older adults thriving in a vibrant, inclusive, and age-friendly community."

Part of that commitment is reflected by the Genderson Fund. This fund currently subsidizes memberships for 71 people (nearly 15 percent of our members) and includes support for items necessary for health that may otherwise be unaffordable. Decisions about subsidies and services are made by me, usually at the request or recommendation of another member of the staff with personal knowledge of a member's situation. It's a responsibility I take very seriously, because helping someone access the Village or another resource rather than "make do" with what they can scrape together is about dignity and quality of life, two things we care deeply about.

We don't share information about whose memberships are subsidized, because for most people income is a personal matter, and we keep personal information confidential. But trust me when I say that we are fortunate to have all these folks among us. They contribute to our community in so many ways and I'm grateful that, because of the Genderson Fund, we can welcome them with open arms.

It must be said, though, that the times ahead are going to create challenges, especially, but not exclusively, for older adults living with low and fixed incomes. Between the dismantling of the federal office that supports programs and services specifically for older adults (the Administration for Community Living), cuts to personnel administering Social Security, and threats of Medicaid reductions, not to mention inflation and the increasing costs of food and other necessities coupled with reductions in support for government nutrition programs, we are looking at a recipe for hardship.

The Jon Genderson Memorial Fund helps ensure that any resident of Capitol Hill can join, participate and benefit from Capitol Hill Village without regard to income. All gifts are welcome and needed.

Donors of \$150 per person or more are invited to join us for an afternoon wine reception on June 1 at The Residences at Eastern Market. [Click here](#) to Donate or to Purchase Tickets.

Now more than ever, we need to watch out for each other and be willing to share our vulnerabilities so that others may help us when we need it.

Of course, everything I've just named is a moving target. Last month, more than 40 Social Security field offices were scheduled to close, and now there are memos and messages denying such closures were ever on the table. Similarly, one federal official was quoted as announcing that all Social Security Administration communications would be made via X and that too has been contradicted and rescinded. Many of the personnel and authority issues are being litigated in the courts; still others—e.g., budgetary—in the court of public opinion, which has moved a few mountains so far and perhaps will be effective in others.

I want CHV to remain a stable and reliable source of information and support for current and future members. I want those who need help to ask for it, and those who can provide help to offer it. By virtue of our personal connections, CHV is a resilient community, and with all of us working together, we'll weather this storm.

We All Need a Little Support



Robyn Hinson-Jones

For those of you who love winter sports and Jack Frost nipping at your nose, I apologize in advance: In my humble opinion, Spring makes everything so much better. Even with the occasional setback of 80 degrees one day and 40 the next, the budding trees never give up and the birds keep constructing their nests.

At my house, for the past two years I watched a robin try to build a nest on an impossibly narrow ledge. Despite an infinite number of trips carrying grass, twigs, and the occasional piece of plastic, everything she brought fell to the ground and the nest never materialized. No eggs, no chicks, nothing. I don't know if the robin was frustrated but she clearly was not defeated. Now she's back for the third year in a row and this time she built a little closer to a corner for better support. She is the embodiment of the adage, 'Hope Springs Eternal.'

I see a similarity in the way that Capitol Hill Village has tried to address racism in our community. For several years, a variety of CHV groups have talked about actively supporting anti-racist activities. District Dialogues

were Zoomed, books were read, and the CHV Strategic Plan included two specific goals directed at fighting racism: to fight racism wherever it shows up in our organization and community (Goal 5); and to increase and diversify our membership so we better serve our community (Goal 7).

In September, an Anti-Racism Working Group began discussing practical ways to fight the racism around us and make the Strategic Plan goals a reality. Twice a month we look at positive ways to achieve those goals, specifically focusing on diversity, equity, and inclusion in our membership outreach and in staffing. Since we started, national forces of division and resentment have been busy twisting DEI into a negative concept. We had to concede that those three letters are now too toxic to represent our vision of CHV as a safe space in which any older adult on Capitol Hill who chooses to join us would be welcome and comfortable. So, the words have changed but the sentiment and the work continue.

Some of us have built comfortable and secure lives with the support that we want and need while others struggle year in and year out with challenges that include housing, isolation, care services, health, and food insecurity. In addition, we have neighbors who

face systemic challenges due to the color of their skin. Our surveys tell us that CHV has an image of exclusivity and elitism that is not welcoming to all of our neighbors, especially those who are not white.

The aim of our strategic goals is to proactively use our resources to dispel those images and to promote a respectful and supportive network for all senior residents in our shared Capitol Hill community. We can create a plan for conscious outreach and recruitment coupled with a welcoming atmosphere in all CHV activities and support groups.

Like the robin, many of us have learned that a little extra support can make the difference between failure and success in negotiating life's challenges. As I end this article, I see that the robin is sitting in her new nest. Her situation is still precarious—there's no telling what will happen when she has to share her tiny space with squawking chicks. But so far, she finally has what we all want—a home that offers safety and security. And that is what CHV strives to offer the older adult community—support needed to stay in our homes and thrive in this wonderful, multi-cultural environment that Capitol Hill has to offer.

Pamela Johnson Honored for Transportation Work

Congratulations to Pamela Johnson, CHV Peer Health Outreach Specialist, recognized by [goDCgo](#) as the Residential Transportation Outreach Coordinator of the Year. She is pictured with Joyce Xin who expressed appreciation for CHV's partnership and noted intentions to continue collaboration. goDCgo is an initiative of the District Department of Transportation encouraging use

of sustainable transportation. The organization provides complimentary transit resources and consulting services to DC organizations and commuters in service of its goal of decreasing traffic congestion, improving air quality, and creating a better quality of life in the DC area. More information about goDCgo can be found on their [website](#).



Village Voices Waiting to be Heard...

Meet and learn from your illustrious Capitol Hill neighbors in informal, free, public discussions about social, economic, and political topics.

Tuesday, May 6: David Pelizzari on Collecting Rare and Valuable Books



David Pelizzari

David Pelizzari has been sniffing out rare books since he could reach his grandfather's Dante on the high shelf, a skill deepened at Yale's Beinecke Library during PhD time. After an earlier career in dramaturgy, communications, and education in France, Canada, New York City, and DC, he now consults for individuals building or dispersing their collections. He has specialized expertise in antiquarian French, Italian, and Latin texts, archival ephemera, contemporary and historical LGBTQ+ materials,



and the arts. David is a member of the Washington Rare Book Group, the Baltimore Bibliophiles, various French and Canadian bibliophilic societies, and serves on the board of the Capitol Hill Restoration Society.

Sunday, June 8: April Linton—*"Why are the Ducks Crossing the Road?"*

You may chuckle when you see a Mallard family waddle down the street, but urban-nesting ducks and geese often need our help getting their young to water. That ranges from a simple escort across a busy intersection to a capture and

rescue from the rooftop, balcony, or courtyard where the hen chose to nest. [City Wildlife's](#) President and Duck Watch Coordinator April Linton will offer best practices for helping the District's urban-nesting waterfowl and their ducklings or goslings make the journey from nest to water, including how you can get involved.

Village Voices programs are conducted on Zoom from 7:00–8:00 p.m. Details for accessing the programs will be provided when people register for the event at capitolhillvillage.org or at info@capitolhillvillage.org.

Pride is Everywhere

This month, the District of Columbia hosts World Pride, running May 17–June 8 with events at various locations in the city. <https://worldpridedc.org>

In conjunction, Seabury Resources for Aging is hosting Silver Pride, a tribute to older LGBTQ+ adults—the pioneers of progress, resilience, and change. This generation lived through Stonewall, the AIDS epidemic, and the evolution of gender and sexual

expression, leaving an indelible mark on history.

The premier event is a **resource fair and tea dance** from 4:00–7:00 p.m. on May 21 at the Eaton Hotel, 1201 K St. NW. DC Villages is a sponsor of the event, so stop by to party or check out our table. Learn more at: <https://www.seaburyresources.org/silverpride>

Another Silver Pride event presents three influential leaders, **"How We**

Got Here & What We Do Now: Wisdom & Stories from Silver Pride Legends," from 6:00–8:00 p.m. on May 27 at the True Reformer Building, 1200 U St. NW. The event will be moderated by Rayceen Pendarvis (right). Join in honoring their contributions and celebrating their stories.



Defending Democracy Group Provides Information

Monica Hopkins, Executive Director of the District of Columbia ACLU, will speak to the Capitol Hill Village Defending Democracy affinity group on Wednesday May 28 about current events.

The group also plans to meet on Wednesday May 14. Check the [CHV on-line calendar](#) for information on upcoming meetings including location and speakers.

At the April 30 meeting, Shadow U.S. **Representative Oye Owolewa** (D-DC) updated the group on progress of DC statehood bills in the House and Senate, attacks on DC Home Rule, and his community initiatives, including capital business seminars, a drug take-back kiosk program, expungement clinics, and immigration town halls. He also explained how individuals and groups can get involved, if available and interested.

The Defending Democracy Group aims to serve as a clearinghouse for



Capitol Hill Villagers were part of marches staged nationwide on April 5.

information about upcoming events, provide points of contact for CHV members interested in other political groups, brainstorm ways to support local initiatives, and provide a friendly and supportive group to help us get through this together. A WhatsApp



group has been set up to provide a forum for sharing interesting articles, information on upcoming events, etc.

For more information or to join the WhatsApp group, contact Barbara Fox at BSF5929@gmail.com or 508-259-5929.

On the Road Again, with Learning Opportunities

Road Scholar has launched a free lecture series *Age Well: A Road Scholar Guide to Life's Fourth Age* available to DC Villages members. Like the Doris Kearns Goodwin Lecture, these lectures are free, but you need to enroll to receive the link. If you can't watch the live presentation, they will send a recording. Information and registration at: <https://www.roadsscholar.org/collections/agewell/>

May 1. Aging in Place — Key Considerations for a Fulfilling Future with *gerontologist and caregiver advocate Lakelyn Hogan Eichenberger, PhD*: <https://www.roadsscholar.org/find-an-adventure/25206/Age-Well-Aging-in-Place-Key-Considerations-for-a-Fulfilling-Future>

May 8. Move for Life — Strength, Balance & Curiosity at Any Age. Movement for well-being. <https://www.roadsscholar.org/find-an-adventure/25210/Age-Well-Move-for-Life-Strength-Balance-Curiosity-at-Any-Age>

May 9. Coping with Challenging Situations in Dementia Care. Learn about dementia and strategies to support those living with it. <https://www.roadsscholar.org/find-an-adventure/25588/Age-Well-Coping-with-Challenging-Situations-in-Dementia-Care>

May 21. The Age Tech Revolution—Shaping the Future of Aging. Learn what Age Tech is and how it can transform daily life. <https://www.roadsscholar.org/find-an-adventure/25592/Age-Well-The-Age-Tech-Revolution-Shaping-the-Future-of-Aging>

<https://www.roadsscholar.org/find-an-adventure/25592/Age-Well-The-Age-Tech-Revolution-Shaping-the-Future-of-Aging>

May 22. Psychology of Kindness—Strategies for Prosocial Behavior. The science of optimism and tools to strengthen it: <https://www.roadsscholar.org/find-an-adventure/25188/Age-Well-Psychology-of-Kindness-Strategies-for-Prosocial-Behavior>

June 5. The Realities of Relocating for Retirement. Key factors to consider when weighing a move in retirement: <https://www.roadsscholar.org/find-an-adventure/25214/Age-Well-The-Realities-of-Relocating-for-Retirement>

April CHV Happy Hour



The monthly Capitol Hill Village Happy Hour has become a popular get-together, and an opportunity for members to introduce friends and neighbors to the Village. It has become a “don’t miss” event if you want to keep up with Village happenings. Usually on the third Wednesday, but check the CHV on-line calendar for date and location.

Recognizing LGBT Elders



Sophia Ross

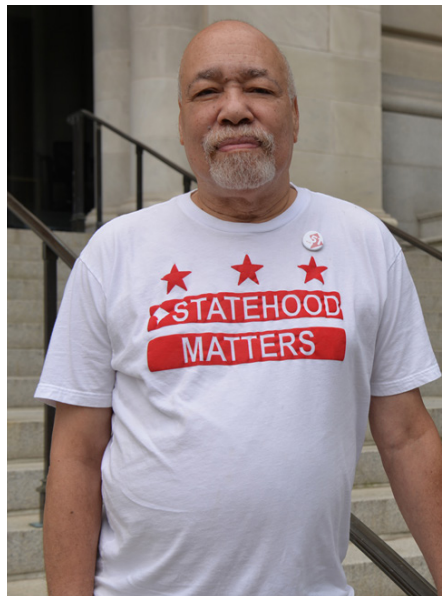
There are an estimated 2.7 million LGBT older adults in the United States, a number expected to grow to 7 million by 2030.

LGBT Elders Day on May 16 celebrates the lifetime of contributions made by LGBT older adults. It was founded in 2016 by the Center for LGBTQ Health Equity of Chase Brexton Health Care to recognize and thank LGBT elders who have fought for the LGBT community. <https://www.lgbteldersday.com/about/>

This special day highlights all LGBT elders and their continued existence and resistance to systems built against them. Systems of discrimination like homophobia, transphobia, and ageism have resulted in major health inequities for some LGBT elders. Part of the purpose of LGBT Elders Day is to advocate for and increase awareness of the need for more resources to fight these health inequities and the systems that cause them. At the same time, LGBT Elders Day is an opportunity to share stories of joy, resilience, and community.

Notable LGBT Elders

In recognition of LGBT Elders Day, we are highlighting a few LGBT elders (alive and deceased) who have had, and continue to have, an impact on our community. It is important to acknowledge our elders because they are not always referenced in standard histories. Not all LGBT elders are famous politicians or celebrities. Many are notable simply because they existed and persisted despite efforts to deny their existence. Others have publicly fought so those coming behind could



Philip Pannell (City Paper)

live more safely, more authentically, and more visibly.

Ernest Hopkins, 65, and Philip Pannell, 74, are longtime friends and co-founders of DC Black Pride, recognized as the inspiration for Black Pride celebrations throughout the United States and around the world. Since 1990, Hopkins has been involved in advocacy and services for individuals with HIV/AIDS; he now lives in San Francisco. Pannell remains in DC and is a longtime advocate for individuals with HIV/AIDS and for LGBT residents in Wards 7 and 8, and his involvement in local politics includes running for Ward 8 DC Councilmember.

Mandy Carter, 77, describes herself as an “out, southern, black, lesbian, social justice activist.” She is co-founder of Southerners on New Ground, which centers on LGBT southerners, and also the National Black Justice Coalition, a civil rights organization focused on the Black LGBT community and folks with HIV/AIDS. Her work as an activist and organizer has been grounded in non-violence, focusing



Ernest Hopkins



Mandy Carter

on anti-war, anti-nuclear weapon, and other causes.

Rev. Dr. Pauli Murray (1910–1985) was instrumental in the legal world for her civil rights work in the 1950s and 1960s, working closely with pioneers of the civil rights movement and women’s rights groups. Pauli joined the faculty of Brandeis University, and later became the first Black woman to be ordained as an Episcopal priest.

► continued on page 8

Recognizing LGBT Elders *continued from page 8*



Rev. Dr. Pauli Murray (1910-1985)

Pauli has also been noted for active questioning of her own gender and sexual orientation, expressing this as early as the 1930's.



Frank Kameny (1925-2011), cofounder of the DC chapter of the Mattachine Society, was a longtime DC resident. Frank's lifelong passion for fighting for LGBT rights began when he was removed from the Army and banned from working in the federal government because he was gay, an action he then contested. Frank would go on to

How You Can Celebrate LGBT Elders Day on May 16

- Thank an LGBT elder in your life.
- Advocate for the rights of LGBT elders: <https://www.sageusa.org/get-involved/take-action/>
- Donate your time or money to local LGBT organizations or to CHV's LGBT programming.
- Educate yourself about LGBT elders/history: <https://www.facinghistory.org/ideas-week/10-resources-teaching-lgbtqia-history>
- Elders, consider telling your story at the Rainbow History Project [here](#).
- Listen to LGBT oral histories at <https://www.lgbtqdigitalcollaboratory.org/oral-history-hub/>.

organize numerous LGBT groups and demonstrations, and he was instrumental in the declassification of homosexuality as a mental illness. In 1977, he became the first openly gay person to run for Congress. He's buried at Historic Congressional Cemetery in DC, close to his friend

picket lines that brought attention to the ban on employment of gay people by the largest employer in the US at that



time: the United States government (picket sign from the protests, left). In the 1970s, Gittings was most involved in the American Library Association, especially its gay caucus, the first such in a professional organization, in order to promote positive literature about homosexuality in libraries. She was a part of the movement to get the American Psychiatric Association to drop homosexuality as a mental illness in 1972. Her self-described life mission was to tear away the "shroud of invisibility" related to homosexuality, which had theretofore been associated with crime and mental illness.



and fellow gay and lesbian rights activist Barbara Gittings (above).

Barbara Gittings (1932-2007), organized the New York chapter of the Daughters of Bilitis (DOB) from 1958 to 1963, edited the national DOB magazine *The Ladder* from 1963 to 1966, and worked closely with Frank Kameny in the 1960s on the first

For more information, check these references:

Movement Advancement Project and SAGE. May 2017. "Understanding Issues Facing LGBT Older Adults." <https://www.lgbtmap.org/policy-and-issue-analysis/understanding-issues-facing-lgbt-olderadults>

Do You Have a Story to Tell?

Do you believe in the power of the past to help us move forward? Do you tell a good story? Are you an engaged listener?

Capitol Hill Village and Oyé Palaver Hut, a local community

arts organization, are offering an opportunity to learn about your fellow community members and to tell them about yourself. The sessions will take place on Capitol Hill, and members from all 13 DC Villages will be invited to participate. Enjoy this chance to share your past with others, learn



Vera Oyé Yaa-Anna

about their lives and experiences, and meet people from other Villages.

Veteran storyteller Vera Oyé Yaa-Anna will lead three one-hour workshops for the first 15 Village members who sign up—sign up for one, two, or all three. Each session focuses on one topic:

- Self, family, and friends
- Where you were born, where you grew up, where you consider home
- Favorite food to eat, favorite food to prepare, healthiest food you like to eat

Sessions will start with Auntie Oyé telling her history. Born in Liberia to an indigenous mother and an American father, she came to Washington in 1996. She founded

Oyé Palaver Hut to promote the power of the performing arts to enhance physical and emotional wellness and inspire imagination and opportunity. Stories of family history strengthen communities and a sense of belonging.

Auntie Oyé uses the Griot tradition from West Africa, a traditional method to preserve family history. Participants share their family information with other participants and learn that heritage is integral to everyone's past, present, and future.

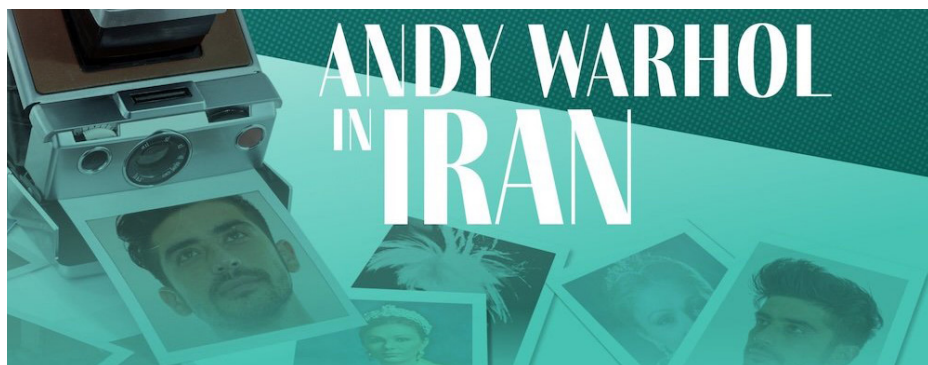
Interested? Email CHV by May 15 at info@capitolhillvillage.org. Indicate which sessions you are interested in, and we will follow up with place, dates, and times.

Theater Group on Stage

Capitol Hill Village's Theater Affinity Group is off to a strong start in its reimagined format: tickets purchased separately and then plays are viewed independently or as a group, followed by an in-person group dinner and discussion of the play.

The theater selection for May is

***Falsettos* at the Keegan Theater**, 1742 Church St. NW, running May 10–June 15. First, register with the CHV on-line calendar, then buy tickets and see the play on your own. Be sure to check for a Village discount. Alternatively, members are encouraged to see the play



together on Sunday, May 25, at 3:00 p.m., followed by supper at a nearby restaurant.

***in Iran* at the Atlas**, 1333 H St. NE, running May 29–June 29. Register with the on-line calendar, buy tickets, and see the play on your own. CHV members are encouraged to see the play together on Sunday, June 22 at 3:00 p.m., followed by supper at a nearby restaurant.

"In 1976, Empress Farah beckons Andy Warhol to begin pop-art portraits of the royals in Tehran. When a university student takes Warhol hostage to publicize his group's demands, a life or death struggle ensues over revolution, responsibility, and the arts."



"Hilarious, heartbreaking and utterly unique, Tony-winner Falsettos is a contemporary musical about family, relationships, bar mitzvahs, baseball, and AIDS. When Marvin leaves his wife Trina and son Jason to be with his lover Whizzer, tempers flare, problems escalate and everyone learns to grow up."

For June, the theater selection is Mosaic Theater's *Andy Warhol*

CHV Spring Salon Events



Clockwise from top left: DCanter's **Michael Warner** teamed up with **Mike Bowers**, proprietor of Bowers Fancy Dairy Products, to provide insight into their businesses along with recommendations and delicious tastings provided by hosts **Susan and Joel Sarfati**.

Rebecca Fasman, second from left, at a brunch hosted by **Deborah Edge and Neal Mann**, explained how the Kinsey Institute acquired and organized an extensive art collection, that complements the Institute's work.

As he gets ready to depart Opera Lafayette, **Ryan Brown** regaled an opera-loving group with stories and videos from 30 years of producing French operas; **Etta Fielek** hosted.

Steve Daniels and Chuck Burger (above left) presided over the beer tasting—all at Blues, Beer, and Barbecue. **Willie Leebel and Stormi Weaver** (shown at right), known as Sweet Storm, played and sang Piedmont blues tunes and talked about and played other Blues genres.



May Events

Thursday, May 1, 2:00–4:00 p.m.
Mr. Henry's, 601 Pennsylvania Ave SE

Yappy Hour

Well-behaved, leashed dogs who are up to date on their vaccinations, and their hu-moms, dads, and friends are invited to Mr. Henry's patio for an afternoon social "Yappy Hour." Mr. Henry's Happy Hour Menu with drinks and light bites will be available for your purchase and enjoyment.

Please [register](#) and list the name of your dog as a guest, or let us know the name and breed in the comments section.

Saturday, May 3, 9:00 a.m.–12 Noon
Your home

Gardenpalooza

Spring has sprung, and so have your weeds! CHV volunteers are ready and willing to help you with some outdoor spring yard cleaning. If you have any questions or need

help signing up, please contact the Village office at info@capitolhillvillage.org or call 202-543-1778 x103. Register here: <https://capitolhill.helpfulvillage.com/events/12984>

Rain date: Sunday, May 4. Members and volunteers.



Monday, May 5, 3:00–4:00 p.m.

Virtual Event: Taking Care of Yourself— a Group for Men

This is a discussion group for men to talk about self-care, especially, but not exclusively, as it relates to caring for others, such as a loved one with an illness or disability.

According to AARP, 40 percent of the family caregivers in this country are men, and men often have a different experience with caregiving than women and may have a different relationship to the idea of self-care. This is a space for men to share their experiences and find support from other men.

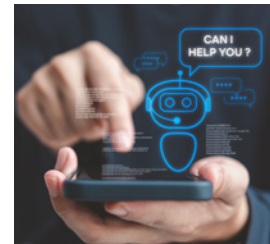
This event is hosted by Geoff Lewis and facilitated by Tim Rogers, who is certified in Somatic Integrity and has years of experience in group work including as a volunteer for Dupont Circle Village.

Open to all.

Tuesday, May 6, 4:00–5:00 p.m.

Virtual Event: Artificial Intelligence Group

Topics for this meeting: how to use AI to help resolve conflicts among people or groups; identify AI that supports collaboration among users; AI's mastery of playing games like Chess and Go has led to the development of an AI program—AlphaFold 3—which may end up to be one of the greatest advancements in the history of biology and medicine.



CHV, in cooperation with other DC Villages, formed an affinity group about Artificial Intelligence (AI). The group aims to create a space for older adults to engage with emerging technologies, discussing how AI might influence healthcare, accessibility, and daily life for seniors.

Register for this meeting at <https://capitolhill.helpfulvillage.com/events/12570>

Open to all.

Tuesday, May 6, 7:00–8:00 p.m.

Virtual Event: Voices with David Pelizzari on Collecting Rare and Valuable Books



David Pelizzari has been sniffing out rare books since he could reach his grandfather's Dante on the high shelf, a skill deepened at Yale's Beinecke Library during PhD time. See story on Page 5.

Open to all.

Wednesday, May 7, 3:30–4:30 p.m.

Virtual Event: What We're Hearing

Do you experience hearing loss? Please join us at *What We're Hearing*, CHV's affinity group focused on hearing impairment, hearing loss, and deafness. We discuss our experiences with hearing loss, share helpful resources and tips, and create an environment of peer support. This group is co-facilitated by Vira Sisolak (member) and Alex Smith (staff). Please contact Alex Smith with any questions or concerns: asmith@capitolhillvillage.org or (202) 543-1778.



Open to all.

► continued on page 13

May Events *continued from page 12*

Thursday, May 8, 10:30 a.m.–11:30 a.m.
Capitol Hill Towers, 900 G St. NE

Tech Training with Myles

A drop-in session that meets monthly at Capitol Hill Towers to answer questions about cell phones, tablets, and computers. A form of ID and face mask are required to enter the building.

Members only.



Myles Nienstadt

Thursday, May 8, 1:00–3:00 p.m.
Lockwood Conservatory, 1339 E St. SE

Memoirs Affinity Group

**The Band is Getting Back Together*

Write on! Alumni and potential members of the Capitol Hill Village Memoirs Affinity Group are invited to an informal, in-person gathering to inspire progress and celebrate success on the writing of our memoirs. Many of us wished to share insights about our lives with grandchildren; some simply wanted to write to remember the pivotal moments in our lives. A few of us actually published stories about our adventures or challenges!

Attendees are invited to respond to the following writing prompt in *500 words or less*: “If I had the opportunity to speak from where I am now in my life to my 18-year-old self, what would I say?” Our agenda also will include a check-in to briefly update progress and plans for individual writing projects.

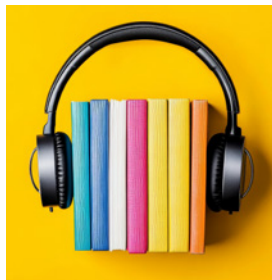
Open to all.

Thursday, May 8, 1:30–2:30 p.m.
Capitol Hill Towers Library, Fourth Floor

Audio Book Club **Restarting*

James Sanders is re-vamping the Capitol Hill Towers Book Club to the CHV Audio Book Club affinity group, to accommodate members who are visually impaired. The club will operate as a traditional book club, but with an audio component where some sessions will be listen only followed by discussion. The club will meet on the second Thursday of every month. Suggestions for audio books are always welcome.

Open to all.



Thursday, May 8, 2:00–4:00 p.m.
Labyrinth, 645 Pennsylvania Ave. SE

Games and Puzzles

Join other CHV members and their friends for two hours of game-playing fun. The staff at Labyrinth will help us pick out new and familiar games. No serious games are played; we are there to have fun; no reservations required, just come.

Open to all.

Thursday, May 8, 5:30–7:00 p.m.
The Residences at Eastern Market Library, 333 8th St. SE

Cinephiles



Participants should view as many of the following films as possible, although the list is subject to revision based on film availability: *The Big Chill*, *Where's My Roy Cohn?*, *All the Beauty and the Bloodshed*. In addition, these are left over from April: *Rule Breakers*, *Black Bag*, *Mickey 17*, *Seven Veils*, *On the Town*.

Bring a dish to share or a beverage (soft drink or wine).

Members only.

Friday, May 9, 9:00–11:00 a.m.
Your Home

Goodwill Pick-up

NOTE: Signup deadline is 12:00 Noon, Wednesday, May 7

Do you have clothes, books, knickknacks, or other small items you'd like to donate to Goodwill? Clean out your house for a good cause. Donations being accepted at Goodwill of Greater Washington:

- **Clothing** in good condition
- **Accessories** in good condition
- **Linens and Textiles**, clean and stain-free
- **Housewares** in good and working condition

► continued on page 14

May Events *continued from page 13*

Goodwill Pick-up *continued*

- **Electronics** in working condition and with ALL parts
- **Art and Antiques**, such as mass-produced items, signed pieces, and collectibles of any kind, including books, magazines, and comic books
- **Books and Records**

Please limit donations to no more than one 30-gallon trash bag.

Members only.

Tuesday, May 13, 3:00–4:00 p.m.

Virtual Event: Parkinson's Support Group

The Parkinson's Support group is for individuals with Parkinson's to share knowledge, challenges, and ideas and to provide encouragement to one another. Additionally, we are all encouraged to form and maintain a team of support and communication with friends and family.

Open to all.

Wednesday, May 14, 2:00–4:00 p.m.

Private Home

Poetry Readers

Each attendee may (but is not required to) bring a poem to read and share with the group. Join us for a lively conversation about what we think the poem means and more exploration of the topics the poems touch on.

Members and volunteers.

Wednesday, May 14, 5:00–6:30 p.m.

The Residences at Eastern Market Library, 333 8th St. SE

Defending Democracy Group **New Affinity Group*

The CHV Defending Democracy Group aims to serve as a clearinghouse for information about upcoming events, provide points of contact for CHV members interested in other political groups, brainstorm ways to support local initiatives, and, of course, provide a friendly and supportive group to help us get through the current unsettling events together. See story on page 6.

Members and volunteers.

Options for Registering for CHV Events

- Click [here](#) to access Helpful Village or go from the CHV website and register on-line.
- Call the CHV Office at 202-543-1778 or email info@capitolhillvillage.org and request to be registered.

Thursday, May 15, 10:30 a.m.–2:30 p.m.

Meet at the bench inside the East Capitol St. entrance to the U.S. Capitol grounds

Outing to the National Gallery of Art— Walk, View, Eat

Join other CHV members for a walk to the National Gallery of Art. Once at the museum, which has no admission charge, you can move at your individual pace. Choose your own viewing agenda and WOW! there are so many options! Along with the amazing permanent collection there are many special exhibits (check the gallery's website for current exhibits at: <https://www.nga.gov/exhibitions/current.html>). At 12:30 p.m. we will meet in the Cascade Cafe for lunch together, then walk back up the hill, or you can resume your own gallery viewing.

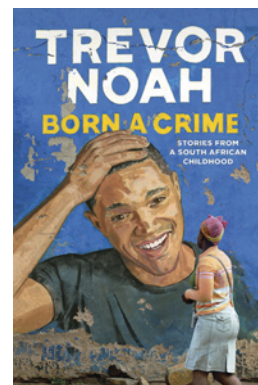
Open to all. Please register.

Thursday, May 15, 1:30–3:00 p.m.

Virtual Event: Anti-Racism Reading Group

We will continue to discuss *Born a Crime: Stories from a South African Childhood* by Trevor Noah. This is an [autobiographical](#) book written by South African comedian [Trevor Noah](#), published in 2016. The book focuses on Noah's childhood growing up in his native [South Africa](#) after he was born of an illegal [interracial relationship](#) during the [apartheid](#) era. The book was a best-seller and has received overwhelmingly positive reviews.

Open to all.



Thursday May 15, 3:00–4:00 p.m.

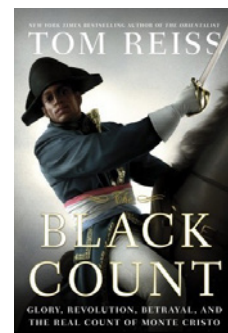
The Lockwood Conservatory, 1339 E St. SE

History & Biography Group

Winner of the Pulitzer Prize for Biography • One of *Esquire's* best biographies of all time.

Our next book is *The Black Count: Glory, Revolution, Betrayal, and the real Count of Monte Cristo* by Tom Reiss.

Members.



► continued on page 15

May Events *continued from page 14*

Friday, May 16, 1:00–2:15 p.m.

Virtual Event: LGBTQ Brain Health Support Group

Learn, connect, share resources. We welcome anyone in the LGBTQ+ community impacted by dementia (caregivers, self, partner, pastor, or anyone close to you). The group meets monthly on the third Friday. To register, contact Alex at asmith@capitolhillvillage.org or call 202-543-1778.



Alex Smith

Open to all

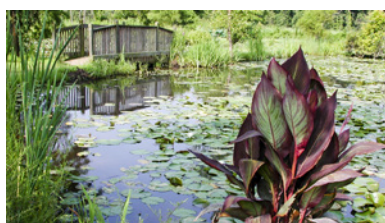
Sunday, May 18, 10:30 a.m.–2:00 p.m.

Kenilworth Aquatic Gardens, 1550 Anacostia Ave. NE

LGBT Intergenerational Meetup

Do you want to build connections with LGBT folks from different generations? Join Capitol Hill Village for our monthly LGBT Intergenerational Meetup.

This month, explore the Kenilworth Aquatic Gardens and enjoy a picnic after. There will be options for easy strolling or hiking based on your preference.



Kenilworth Aquatic Gardens is a 15-minute walk from Deanwood Metro Station (Orange line); we are coordinating transportation from the Metro for anyone who may need it. Learn about accessibility of Kenilworth Aquatic Gardens at: <https://www.nps.gov/keaq/planyourvisit/physical-mobility.htm>.

Contact Sophia at sross@capitolhillvillage.org for more info.

Open to all.

Monday, May 19, 1:00 p.m.

Tunnickliff's, 222 Seventh St. SE

Wyze Guyz

Join other men in an informal, Dutch-treat gathering at Tunnickliff's to get to know each other better and relax over tavern fare and good conversation.



Members and volunteers.

Monday, May 19, 3:00–4:00 p.m.

Virtual Event: Taking Care of Yourself— a Group for Men

This is a discussion group for men to talk about self-care, especially, but not exclusively, as it relates to caring for others, such as a loved one with an illness or disability.

See May 5 entry. *Open to all.*

Tuesday, May 20, 4:30–6:00 p.m.

Library at The Residences at Eastern Market; 333 8th St. SE.

Village Literary Club

Sign up by noon, May 19.

In May, the Village Literary Club will choose the books for the next reading season. For more information about the meeting, contact Fran Zaniello at zaniello@nku.edu.

Members.

Tuesday, May 20, 6:00–7:15 p.m.

Virtual Event: LGBTQ Social Hour

LGBTQ folks of all ages are invited to Capitol Hill Village's monthly LGBTQ Social Hour! Participants will come together to connect, combat isolation, and foster relationships.

For more information, contact Sophia at sross@capitolhillvillage.org or call 202-543-1778 x204. Our LGBTQ programs are funded by the DC Department of Aging and Community Living and are open to any DC resident.



Wednesday, May 21, 10:30 a.m.–12:30 p.m.

Bladensburg Waterfront Park, 4601 Annapolis Rd.

Beginner Kayaking



A CHV volunteer will provide kayak tips and instruction for beginners, and the park has an easy entrance-and-exit ramp launch. No skill or prior experience needed—just a sense of adventure! The Anacostia River is an easy river and ideal for new kayakers.

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May Events *continued from page 15*

Beginner Kayaking *continued*

Kayak from Bladensburg Waterfront Park to the Kenilworth Aquatic Gardens marshes.

You can reserve your own kayak or learn more at https://www.pg parks.com/parks_trails/bladensburg-waterfront-park-2. Pre-reservation of a kayak is not required. Oars and life vests provided with rentals. You can also bring your own kayak.

This event will be canceled in the case of inclement weather. Register in the CHV on-line calendar so that we know you're coming, and can get you the latest information. Please indicate whether you need a ride, can give a ride, or neither.

Open to all.

Wednesday May 21, 4:00–6:00 p.m.

Location TBD

CHV Happy Hour

The CHV BYOB Happy Hour is open to members and their friends or invitees. The focus is on having great conversations and making new connections. *Check the CHV on-line calendar for the location.*

Feel free to bring a nibble to share; cups and napkins will be provided. See photos from the April Happy Hour on page 7.

Wednesday, May 21, 6:00–8:00 p.m.

Eaton Hotel, 1201 K St. NW

Silver Pride Resource Fair and Tea Dance

Hosted by Seabury Resources for Aging as a tribute to older LGBTQ+ adults. See story on page 5.

Thursday, May 22, 2:00–4:00 p.m.

Labyrinth, 645 Pennsylvania Ave. SE

Games and Puzzles

Join other CHV members and their friends for two hours of game-playing fun. The staff at Labyrinth will help us pick out new and familiar games. No serious games are played; we are there to have fun; no reservations required, just come.

Open to all.

Please consider including CHV in your estate planning.

Call Judy Berman at 202-543-1778 for more information.

Thursday, May 22, 3:00–4:00 p.m.

Virtual Event: Parkinson's Support Group

The Parkinson's Support group is for individuals with Parkinson's to share knowledge, challenges, and ideas and to provide encouragement to one another. Additionally, we are all encouraged to form and maintain a team of support and communication with friends and family.

Open to all.

Sunday, May 25, 3:00 p.m.

Keegan Theater, 1742 Church St. NW

CHV Theater Group



The theater selection for May is Falsettos, running May 10-June 15. at the Keegan Theater. Sign up in the CHV on-line calendar, then buy tickets, and see the play on

your own. Members are encouraged to see the play together on Sunday, May 25, at 3:00 p.m., followed by a group supper at a nearby restaurant. See story on page 7.

Members only.

Monday, May 26

Office Closed In Observance of Memorial Day

Tuesday, May 27, 6:00–8:00 p.m.

True Reformer Building, 1200 U St. NW

Silver Pride: How We Got Here

Three Silver Pride legends discuss “How We Got Here and What We Do Now.”

Hosted by Seabury Resources for Aging as a tribute to older LGBTQ+ adults. See story on page 5.

Wednesday, May 28, 5:00–6:30 p.m.

The Residences at Eastern Market Library, 333 8th St. SE

Defending Democracy Group **New Affinity Group*

Monica Hopkins, Executive Director of the District of Columbia ACLU, will speak about current events.

► continued on page 17

May/June Events *continued from page 16*

Defending Democracy Group *continued*

The Group aims to serve as a clearinghouse for information about upcoming events, provide points of contact for CHV members interested in other political groups, brainstorm ways to support local initiatives, and, of course, provide a friendly and supportive group to help us get through the current unsettling events together. See story on Page 6

Members and volunteers.

Sunday, June 1, 2:00–4:00 p.m.

The Residences, 777 C St. SE

Genderson Fund Wine Reception

Join Capitol Hill Village in celebrating the legacy of Jon Genderson with a donation of any amount to the Jon Genderson Fund, which supports lower-income neighbors to join and receive all the benefits of CHV membership. **Donors of**

\$150 per person or more are invited to the June 1 wine reception. Through the generosity of the Genderson Family, all donations and ticket purchases are fully tax deductible.

RSVP on-line by May 23 or use the form you received in the mail. Buy tickets and make donations [HERE](#).



Monday, June 2, 3:00–4:00 p.m.

Virtual Event: Taking Care of Yourself—a Group for Men

This is a discussion group for men to talk about self-care, especially, but not exclusively, as it relates to caring for others, such as a loved one with an illness or disability. See May 5 entry.

Open to all.

Tuesday, June 3, 4:00–5:00 p.m.

Virtual Event: Artificial Intelligence Group

CHV, in cooperation with other DC Villages, has formed an affinity group about Artificial Intelligence (AI). This group aims to create a space for older adults to engage with emerging technologies, discussing how AI might influence healthcare, accessibility, and daily life for seniors.

Open to all.

Wednesday, June 4, 3:30–4:30 p.m.

Virtual Event: What We're Hearing

Do you experience hearing loss? Please join us at *What We're Hearing*, CHV's affinity group focused on hearing impairment, hearing loss, and deafness. We discuss our experiences with hearing loss, share helpful resources and tips, and create an environment of peer support. This group is co-facilitated by Vira Sisolak (member) and Alex Smith (staff). Please contact Alex Smith with any questions or concerns: asmith@capitolhillvillage.org or (202) 543-1778.

Open to all.

Ongoing Events

Mondays, 9:30 a.m.

Meet at the plaza outside the Eastern Market North Hall

Easy Strollers

The Easy Strollers will walk for about 20 minutes at a gentle pace. We will cancel if there is rain. Sign up at the CHV office to make sure you will get notices of changes.

Open to all

Mondays, 10:00 a.m.–12 Noon

Virtual Event: DC Center for LGBT Community—Coffee Hour

It's the Coffee Drop-in, hosting friendly conversations on current issues. Contact supportdesk@thedccenter.org to get the Zoom link.

Mondays, 11:00 a.m.–12 Noon

The Residences at Eastern Market, 777 C St. SE (first floor)

Tai Chi

In a typical Monday there will be 3-4 repetitions of the first 13 Tai Chi postures. One repetition will pause for 30 to 60 seconds for key postures, accompanied by commentary by the Tai Chi leader. At the end, there will be a run through of the final 26 postures for more experienced practitioners of Tai Chi. Beginners, contact Mary Procter at mprocter57@gmail.com and arrive at 10:45 a.m. to learn some Tai Chi basics.

Open to all. Registration required.

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Ongoing Events *continued from page 17*

Mondays, 12 Noon–1:00 p.m.
Capitol Hill Towers, 900 G St. NE

Mindful Monday—Peer Recovery Support Group

Join us for CHV's weekly Mindful Monday Group—Peer recovery support. Hosted by **Raymond Mallard**, 202-492-5277.

Open to all.

Mondays, 1:00 p.m.
Second and I Streets. SE

Petanque

Join a group of Capitol Hill game enthusiasts for a friendly game of Petanque, which is the French game of boules and similar to the Italian game of bocce. **Paul Cromwell** provides instruction for beginners. For more information, contact Paul at: pcromwell23@gmail.com

Members and volunteers. Registration required.

Mondays, 3:00–5:00 p.m.
Capitol Hill Towers, 900 G St. NE

Soul Vibrations

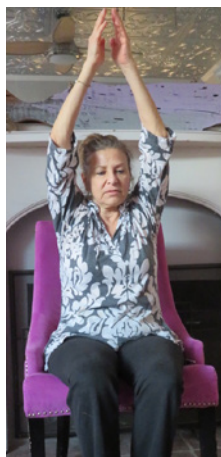
The series will include a vaccine navigation session, which will provide information and responses to concerns regarding vaccines for adults (this is not a vaccine clinic). The “meat” of the program is a wellness package including food, fitness, and mindfulness designed to elevate souls. The group will be led by **G.C. Henderson**, who serves as the Kitchen Safety Manager at Capitol Hill Towers.

Open to all.

Mondays and Thursdays, 4:00–5:00 p.m.

Virtual Event: Chair Yoga

Energize your overall sense of well-being. Strengthen the body and relax your mind. Practice proper balance and breathing techniques. Join us for an enjoyable hour of mellow flow chair yoga, as we improve the body/mind connection with soothing music. A straight back chair with no arms, is all that is required! CHV member **Robin Blum**, leads the class. You don't have to be a Village member to join this Zoom class. Namaste! *Open to all.*



Tuesdays and Thursdays, 10:00–11:00 a.m.
The Residences at Eastern Market, 777 C St. SE, 6th Floor

Qigong

Qigong is a form of gentle exercise, suitable for any age or physical condition, that consists of flowing movement and breathing techniques. It is designed to improve the function of internal organs, vascular systems, and muscular and joint health. In addition, the practice may enhance circulation and sleep and relieve stress.

Open to all.

Tuesdays, 11:00 a.m.–12:00 noon
Capitol Hill Towers, 900 G St. NE

Grief Support Group

Have you experienced a loss? Are you having difficulty coping with feelings of grief? **You are not alone.** Capitol Hill Village invites you to join our Grief Support Group which meets Tuesdays, 11 a.m. to noon.

Please contact Alex Smith, CHV Care Services Specialist, if you have any questions: asmith@capitolhillvillage.org or 202-543-1778.

Open to all.

Tuesdays, 12:30–2:00 p.m. ***No session May 27**
Capitol Hill Arts Workshop, 545 Seventh St. SE

Second Wind Chorus

Second Wind is a community chorus that has enjoyed making music together for over a decade on Capitol Hill. Members have varied backgrounds in music and welcome anyone who loves to sing and wishes to join the chorus.

For more information about Second Wind Chorus see: secondwindchorusdc.com.

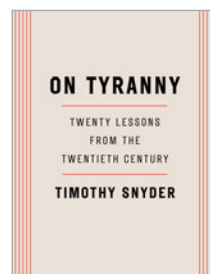
Tuesdays, 2:00–3:00 p.m.

Virtual Event: Antiracism Reading Pod

Our current book is *On Tyranny* by historian Tim Snyder.

Please contact the CHV office at info@capitolhillvillage.org to be added to the group or for information on starting your own group.

Members and volunteers.



Ongoing Events *continued from page 18*

Wednesdays, 12 Noon–1:00 p.m.

Virtual Event: Meditation Hour

Patrick Hamilton will guide simple exercises, that alone or in combination can help break the cycle of mental stress we experience and can be incorporated easily into your daily schedule. Patrick is a member of the Washington Buddhist Vihara and Bhavana Forest Monastery and Retreat Center in West Virginia.

Open to all.

Wednesdays, 2:00–4:00 p.m.

Various Locations

Mahjong

Mahjong is a game that originated in China. Similar to the Western card game Rummy, Mahjong is a game of skill, strategy and calculation and involves a certain degree of chance. Join a group of members and volunteers who meet to play together.

We meet weekly in alternating locations: first and third Wednesday at [Labyrinth Games and Puzzles](#), 645 Pennsylvania Ave. SE; second Wednesday at Tunnichiff's, 222 Seventh St. SE; and fourth Wednesday at Mr. Henry's, 601 Pennsylvania Ave. SE. Contact CHV at info@capitolhillvillage.org to sign up.

Fridays, 11:30 a.m.–1:00 p.m.

The Residences at Eastern Market, 777 C St. SE; 6th floor

Women's Conversations and Connection Group

This is an opportunity to meet with CHV members and volunteers to make connections and friendships. It is open to all women, and when you arrive at the Residences, let the

concierge know you are with Capitol Hill Village and going to the 6th floor meeting with CHV member Jeety Kang.

Registration is encouraged, but please attend whenever it works with your schedule. A light snack is provided.

Members and volunteers.

Saturdays, 11:00 a.m.–3:00 p.m. ***No Session May 24**

Community Action Group, 124 15th St. SE

Memory Studio

Memory Studio is an art and music workshop for individuals with memory loss, with respite services for care partners. It will be offered most Saturdays through July.

Teaching Artist **Nephelie Andonyadis** leads a program of music and art including live music, movement, and art activities inspired by work from the Phillips Collection. The goal is to be present, have fun, and to focus on what folks can do rather than what they can't.



No formal dementia diagnosis is required. Anyone who is experiencing memory loss or cognitive challenges, especially if those challenges are changing the way they engage with others and causing concern for care partners, are welcome to participate. Care partners are welcome but not required to stay or participate. Programming for care partners will include a rotating set of supports including an optional support group and opportunities for nurture, like massage. Care partners are free to use the time in whatever way fills their cup on any given day.

There is no online registration for this program. Those interested must contact CHV for an assessment of eligibility and an intake interview: call 202-543-1778 or email info@capitolhillvillage.org and ask for Judy.

Registering for CHV Events

The Capitol Hill Village on-line event calendar can be viewed at capitolhill.helpfulvillage.com/events; members can **register for all events** on that website, or by contacting the CHV Office at 202-543-1778, or by emailing info@capitolhillvillage.org.

CHV encourages registration for events so that we can update you on information about the event including meeting locations and information for accessing virtual events.

CHV uses Zoom for virtual events. You can access these with a smartphone, tablet, or computer. Please contact the CHV office if you have questions about connecting.

When you register for a virtual meeting, you will receive a confirmation that contains a CHV Zoom link or further instructions for accessing an external Zoom link. Let the CHV Office know if you do not receive a confirmation or reminder. At the meeting time, click on the link to join.

2025 JON GENDERSON MEMORIAL FUND

Wine Reception

Now more than ever, your support is needed for the Genderson Fund!

Join Capitol Hill Village in celebrating the legacy of Jon Genderson with a donation of any amount to the Jon Genderson Fund, which supports lower-income neighbors to join and receive all the benefits of CHV membership. **Donors of \$150 per person or more are invited to a wine reception on June 1.** Through the generosity of the Genderson Family, all donations and ticket purchases are fully tax deductible.

You can buy tickets and make donations [HERE](#) or use the QR code..

Donate \$150 or more per person and join us for a Wine Reception.



Sunday, June 1, 2025
2:00–4:00 p.m.

The Residences at Eastern Market,
777 C Street, SE, WDC 20003

RSVP online by Friday, May 23, 2025
or use the form that you will receive
in the mail.



Capitol Hill Village
1355 E Street SE
Washington, DC 20003