

# Phone-In Grief Support Groups



VITAS® Healthcare support groups provide information and guidance to those experiencing grief and loss. VITAS now offers regularly scheduled, phone-in support groups to meet the needs of caregivers. All groups are facilitated by VITAS Bereavement Services.

Weekly Groups				
Dial-in Number: 888.278.0296 • Access Code: 8087707#				
Topic:	Day and Time:	BSM Facilitator:	Direct Dial:	Email:
Spousal Loss	Monday 3-4 pm ET; 2-3 pm CT; 12-1 pm PT	Danielle Brown	877.686.6475	Danielle.Brown@vitas.com
General Support	Tuesday 10-11 am ET; 9- 10 am CT; 7-8 am PT	Robin Gallant	866.315.1895	Robin.Gallant@vitas.com
Parental Loss	Tuesday 7-8 pm ET; 6-7pm CT; 4-5 pm PT	Dale Poland	833.596.0236	Dale.Poland@vitas.com
Spanish-Speaking	Thursday 2-3 pm ET; 1-2 pm CT; 11-12 pm PT	Erica Welty	866.249.9336	Erica.Welty@vitas.com
Senior Loss	Thursday 4-5 pm ET; 3-4 pm CT; 1-2 pm PT	David Howell	855.851.1020	David.Howell@vitas.com
General Support	Friday 8-9 am ET; 7-8 am CT; 5-6 am PT	Kelli Adams	844.799.3933	Kelli.Adams@vitas.com
General Support	Friday 7-8 pm ET; 6-7 pm CT; 4-5 pm PT	Ruth Leshner	877.592.0583	Ruth.Leshner@Vitas.com

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# Phone-In Grief Support Groups

Monthly Groups				
Dial-in Number: 888.204.5984 • Access Code: 8284593#				
Topic:	Day and Time:	BSM Facilitator:	Direct Dial:	Email:
Spanish-Speaking	1st Tuesday 1-2 pm ET; 12-1 pm CT; 10-11 am PT	Erica Welty	866.249.9336	Erica.Welty@vitas.com
Women and Grief	2nd Tuesday 1-2 pm ET; 12-1 pm CT; 10-11 am PT	Patricia Brown	877.314.0806	Patricia.Brown@vitas.com
Young Adults and Grief	2nd Tuesday 7-8 pm ET; 6-7pm CT; 4-5 pm PT	Amy Stallings	844.786.9466	Amy.Stallings@vitas.com
Veteran Grief Support	3rd Tuesday 1-2 pm ET; 12-1 pm CT; 10-11 am PT	Larry Robert	844.210.8366	Larry.Robert@vitas.com
LGBT+ and Grief	4th Tuesday 5-6 pm ET; 4-5 pm CT; 2-3 pm PT	Larry Robert	844.210.8366	Larry.Robert@vitas.com
General Support	1st Wednesday 1-2 pm ET; 12-1 pm CT; 10-11 am PT	Kevin Stowe	888.507.9882	Kevin.Stowe@vitas.com
General Support	2nd Thursday 1-2 pm ET; 12-1 pm CT; 10-11 am PT	April Moxley	877.589.9615	April.Moxley@vitas.com
Children and Grief	4th Thursday 7-8 pm ET; 6-7 pm CT; 4-5 pm PT	Barbara Adams-Plyer	855.457.2269	Barbara.Adams-Plyer@vitas.com
Men and Grief	1st Friday 1-2 pm ET; 12-1 pm CT; 10-11 am PT	Jason Fairbanks	833.983.0984	Jason.Fairbanks@vitas.com

For questions or for more information, please contact  
**VITAS Bereavement Services at 202-414-5400**  
 or **800.956.8482**

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