

# CAPITOL HILL VILLAGE NEWS

AUGUST 2011

ADVANCE NOTICE • Sunday, October 2

## Call for Artists! Apples & Arts Festival

Capitol Hill Village is seeking artistic members and friends who are willing to donate a work to be auctioned during the October 2 Apples & Art festival. All media (including painting, drawing, sculpture, glasswork, and pottery) are welcomed to this auction, which is sponsored jointly by Capitol Hill Village, Capitol Hill Arts Workshop (CHAW), and Capitol Hill Art League. Artists will receive 50 percent of the proceeds from their work. The Village and CHAW will split the other 50 percent. The Village will use money raised for operating expenses.

Call the Village office at 202-543-1778 with questions or to let us you would like to participate in the auction.



## Upcoming Events

Saturday, August 6 • 9:00 am  
Your home

### DC Hazardous Waste Materials Pickup

This is the monthly pickup day for hazardous materials and personal papers at CHV members' homes. Materials will be delivered to the District's safe disposal site; personal papers (medical records or financial files) will be shredded at the drop-off site, viewed by the CHV delivery team to ensure they are destroyed.

Hazardous wastes for pickup include paint, cleaners, batteries, old medicines, electronics, and other items not accepted in weekly home trash pickup. For the list of accepted wastes, check the [DC hazardous wastes website](#): Call 202.543.1778 or e-mail [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org) by noon, Friday, August 5, to request a pickup or volunteer to assist with the drive.

*Members only*

Saturday, August 6 • 6:30 pm  
Private home, 9 easy steps with railing to entrance

### Potluck Dinner

Join other Village members to cool off at the home of Sonia and Bob Conly. They will prepare an Italian-influenced entrée. Bring an appetizer, side dish, salad, or dessert. Bread and wine are always welcome. **Call the office (202.543.1778) to sign up no later than Wednesday, August 3.** Please say what dish you will bring and whether you have any food allergies. Limited to 12 people.

*Members and their guests only*

Sunday, August 7 • 1:30 pm

### Uncle Vanya

A small group of Capitol Hill Village members has already purchased tickets to this Russian classic by Anton Chekhov. We will gather post-show upstairs at the Kennedy Center for a drink and to talk about

► *Upcoming Events continued on page 3*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>31</b>	<b>1</b> Petanque, 4 pm, see p. 4	<b>2</b> Qigong, 10 am, see p. 4	<b>3</b> Yoga Class, 6:30 pm, see p. 4 <b>Deadline to reserve a spot at the August 6 Potluck Dinner</b>	<b>4</b> Qigong, 10 am, see p. 4	<b>5</b> <b>Deadline to request August 6 Hazardous Waste pickup</b>	<b>6</b> <b>Hazardous Waste Pickup,</b> Starting at 9 am from your house, see p. 1 <b>CHV Potluck Dinner, 6:30 pm, see p. 1</b>
<b>7</b> Uncle Vanya, 1:30 pm, see p. 1	<b>8</b> Petanque, 4 pm, see p. 4	<b>9</b> Qigong, 10 am, see p. 4	<b>10</b> Yoga Class, 6:30 pm, see p. 4	<b>11</b> Qigong, 10 am, see p. 4	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> Petanque, 4 pm, see p. 4 <b>Deadline to RSVP for the August 17 dinner and the August 18 Peach Tasting</b>	<b>16</b> Qigong, 10 am, see p. 4	<b>17</b> Yoga Class, 6:30 pm, see p. 4 <b>Dinnerat Toscana Café, 6:30 pm, see p. 3</b>	<b>18</b> Qigong, 10 am, see p. 4 <b>Peach Tasting, 4–6 pm, see p. 3</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b> Petanque, 4 pm, see p. 4	<b>23</b> Qigong, 10 am, see p. 4	<b>24</b> Yoga Class, 6:30 pm, see p. 4	<b>25</b> Qigong, 10 am, see p. 4	<b>26</b> <b>Balance class, NEW TIME: 12:30 pm, see p. 3</b>	<b>27</b>
<b>28</b>	<b>29</b> Petanque, 4 pm, see p. 4	<b>30</b> Qigong, 10 am, see p. 4	<b>31</b> Yoga Class, 6:30 pm, see p. 4	<b>1</b> Qigong, 10 am, see p. 4 <b>Deadline to buy tickets for Sept. 18 play <i>The Habit of Art</i>—see p. 4</b>	<b>2</b>	<b>3</b>

For more information about any event, or to reserve a space at an event, call the CHV office at 202.543.1778 during regular office hours (9 am to 5 pm) or e-mail [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)

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## Upcoming Events *continued from page 1*

the production. As of mid-July, tickets were still available. If you would like to join us, order tickets from the Kennedy Center box office and then let the Village office know that you will be attending. You will receive a call about where to meet afterwards.

[www.kennedy-center.org](http://www.kennedy-center.org) or 202.467.4600.

*Members and their friends*

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**Wednesday, August 17 • 6:30 pm**

601 Second Street, NE

### **Dinner at Toscana Café**

Note: Dinner will be served on the 2nd floor, up a steep flight of steps. Restrooms are in the basement. Come prepared for a chilly dining room.

Toscana Café offers home-style Italian meals with a gourmet touch. The restaurant makes its own pasta, breads and gelato. Toscana Café is again offering us a \$22 fixed-price meal which includes a choice of: one of three “starters;” one of three entrées (one vegetarian); and one of three desserts. The \$22 fixed price does not include the cost of beer, wine, or coffee. CASH ONLY. Read about Toscana Café at: <http://www.toscanacateringdc.com/>

This event is limited to 24 diners, and we expect it to be fully subscribed. **Please call the CHV office (202.543.1778) to reserve your place by 3 p.m. on Monday, August 15.** If you reserve and find that you will not be able to attend, please contact the office so that someone on the wait list can participate.

*Members only*

### **PLEASE NOTE:**

#### **Book Donation Monthly Pickup**

There will be no pickup in August. Next pickup will be Friday, September 9.

#### **Literary Club**

The Literary Club will not meet in August. The next meeting is Tuesday, September 20. The book we will discuss is *Washington: the Making of the American Capital*, by Fergus M. Bordewich (2008). More information in the September newsletter.

Please RSVP to all events, and let the CHV office know if you need a ride, by calling 202.543.1778 during regular office hours or by e-mailing [info@capitolhillvillage.org](mailto:info@capitolhillvillage.org)

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**Thursday, August 18 4:00-6:00 pm**

Townhomes of Capitol Hill, 750 6th Street SE.

Fully accessible.

### **Peach Tasting**

Come with your taste buds ready. See if you can tell the difference among local and California peach varieties. Try peach wine or a peach non-alcoholic cocktail. Bring a friend and enjoy the fun on a lazy summer day. You'll want to leave work early for this. **Call the office (202.543.1778) no later than Monday, August 15.**



*Members, volunteers, and friends*

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**Friday, August 26 12:30-1:30 pm**

Southeast Neighborhood Library, 7th and D Sts, SE.

Accessible from D St.

### **Balance Class**

Join other members in this monthly balance class, which will help you recognize that strength and agility are the best defenses against falls. Practice skills that will keep you on your feet. The class is taught by a physical therapist volunteering from Physiotherapy Associates.

**Please RSVP to the CHV office (202.543.1778) by Wednesday, August 24.**

*Members only*

## Upcoming Events *continued from page 3*

ADVANCE NOTICE—DEADLINE SEPTEMBER 1  
Sunday, September 18 2:00 pm  
Studio Theatre, 1501 14th Street NW

### The Habit of Art

The CHV Theater Group begins its fall season with a trip to the Studio Theater for the Sunday matinee (September 18th) performance of *The Habit of Art* by Alan Bennett. In this play, the prize-winning author of *The History Boys* describes actors rehearsing a play about the friendship between Benjamin Britten and W.H. Auden. According to *The Guardian*, "Artists in their late work often feel free to digress and experiment. Alan Bennett takes full advantage of this licence in a multi-levelled work that deals with sex, death, creativity, biography and much else besides.

Witty and wistful, the play is complex in structure and worthy of discussion."

A wine-and-cheese reception for theatergoers to discuss the play will be held at the home of a CHV member after the show.

The discounted price per ticket is \$41. Ten tickets are being ordered; others will be accommodated as long as tickets remain available at the theater. You will be contacted later about payment and ticket delivery. Call the office at 202.543.1778 now to reserve a ticket. **The absolute deadline is Thursday, September 1 at 5:00 pm.**



Alan Bennett (Ivan Kyncl)

## Continuing CHV Events

Wednesdays at 6:30 pm  
Townhomes of Capitol Hill, 750 6th Street SE

### Yoga

The Townhomes Yoga class is a beginners class that incorporates the fundamentals of yoga, including step-back sun salutations, standing poses, hip-openers, seated poses, twists, backbends, and basic inversions. Breathing exercises are explored as students begin

to link movement through the postures with inhale and exhale. This class provides a nurturing environment to help you gain flexibility, strength, balance, and relaxation. Whether you practice on a yoga mat or in a chair, this class serves those new to yoga and anyone seeking a refresher on the basics.

*Members and volunteers*



**NOTE:** You do NOT need to RSVP for continuing events.

Tuesdays and Thursdays 10:00 am  
Capitol Hill Presbyterian Church, 4th Street and Independence Avenue SE

### Qigong

The gentle, but powerful, Chinese movement exercise known as Qigong (pronounced *chee gong*) is offered by CHV member Joni Bell. Joni has practiced this discipline for ten years. Her strength and balance have improved and she credits the activity with helping her as a 30-year patient with multiple sclerosis. The twice-weekly classes are free for CHV members, last 30-40 minutes.

*Members only*

Every Monday 4:00 pm  
Garfield Park, South Carolina Ave. at 2nd Street SE

### Petanque

Join a group of Capitol Hill game enthusiasts each Monday for a friendly game of Petanque. Petanque is the French game of boules, similar to the Italian game of bocce. Petanque players gather at Garfield Park at 4:00 pm on Mondays. Paul Cromwell provides instruction for beginners. For further information, call Paul at 543-7530.

*Open to all*