

CAPITOL HILL VILLAGE

NOVEMBER 2010

NEWS

Annual Harvest Fest Honors Village Volunteers



By Karen Stuck

Just one day after the 3rd Anniversary of the Capitol Hill Village, members and volunteers gathered at the Town Homes of Capitol Hill for an afternoon of crafts, baking contests, sampling dessert entries, and honoring volunteers.

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CHV President Mary Procter presented the 2010 Geoff Lewis Volunteer of the Year Award to Paul Malvey.

"I learned as a kid that you get out of an organization what you put into it."

A Month in the Life of the Village

By Margaret Missiaen

Gail and Katie are always encouraging Capitol Hill Village members to take advantage of the services offered. When the September events calendar arrived, I was struck by the wide range of the activities, including hazardous waste pickup, dinner at an Italian restaurant, and a book talk by a CHV member and author. September is a good time for me to try new things—many of my summer jobs are ending, but my winter jobs have not started.

My husband Ed and I are active CHV members who are able to do most things for ourselves. We love our home of 30 years and want to remain in it as long as possible. It is very reassuring to know the Village will be here when we need it. One service we do use is

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Upcoming Events and Programs

Tuesday, November 2 • 11:00 am
Smithsonian Anacostia Community Museum
1901 Fort Place SE, Fully accessible

Word, Shout, Song: Lorenzo Dow Turner

The exhibit documents the historical journey made by people from Africa, their language, and their music to the Americas. Through words, music, and story Lorenzo Dow Turner discovered in the 1930s that the Gullah people of Georgia and South Carolina still possessed parts of

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2 Last day to inquire about Pirates of Penzance tickets, see page 11 Word, Shout, Song, Exhibit, 11:00 am, see page 1	3 Chew On That, discussion group, 7:00 pm, see p. 10 Call the office by noon to arrange Nov. 6 pickup of Hazardous Waste, see page 11	4 Book talk: Rosalie Edge, 7:00 pm, see page 10	5 Fall Fruit & Foliage at the Arboretum, 11:00 am, see page 10	6 Hazardous Waste Pickup, Starting at 9 am, see p. 11 Movie: My Dog tulip, Time TBD, see page 11
7 Pirates of Penzance, 2:30 pm, see page 11 Fall Walk, 3:00 pm, see page 11	8	9 Call the office by noon to reserve a spot at the Nov. 10 dinner, see page 11	10 Deadline to reserve Candide tickets, see p. 12 Call the office by noon to arrange Nov. 12 pickup of Book Donation, see page 12 Dinner at Trattoria Alberto, 6:30 pm, see page 11	11	12 Used Book Pick-up, Starting at 9 am from your house, see page 12 Preventing Falls talk, 3:30 pm, see page 12	13 Congressional Chorus Concert, 8:00 pm, see page 12
14	15	16 Literary Club: Reading your Favorite Poems, 6:00 pm, see p. 13	17	18	19 Balance class, 11:30 am, see page 13	20
21	22	23	24	25 Thanksgiving Potluck Dinner, 4:00 pm social. 5:30 dining, see page 13	26	27
28	29	30	1	2	3	4

For more information about any event, or to reserve a space at an event, call the CHV office at 202.543.1778 during regular office hours (9 am to 5 pm) or e-mail info@capitolhillvillage.org

Capitol Hill Village News

To reach us: We are interested in your feedback.

Phone: 202.543.1778

E-mail:
info@capitolhillvillage.org

Internet:
www.capitolhillvillage.org

Mail: PO Box 15126,
Washington, DC 20003

To unsubscribe, please send a message to unsubscribe@capitolhillvillage.org

To become a member, go to www.capitolhillvillage.org and click on "Join." Payment of dues through PayPal is available online.

To support the Village, go to www.capitolhillvillage.org and click on "Support/Donate." Or support CHV through the Combined Federal Campaign # 55474. All donations are welcome!

Capitol Hill Village Leaders

Mary Procter, President of the Board

Gail Kohn, Executive Director

Katie McDonough, Community & Social Services Director

Capitol Hill Village News Team

Editor: Diane Brockett

Activities Coordinator:
Judy Canning

Designer: Roxanne Walker

Copy Editor: Jim Hardin

Web Site: Neal Mann

From the Executive Director...

Thank you for participating in the 2010 Annual Anonymous Survey of Members

Over half of our members completed the survey in September—a very respectable rate of return. A majority of participants were ages 65 to 74, but a handful were in their 50s and 90s. Almost all said they would recommend membership to others. Here are results preceded by a sentence in *bold italics* describing our Capitol Hill Village vision and aspirations.

Volunteering with Capitol Hill Village is encouraged but not required. Almost one-half of respondents volunteered for CHV and 21 percent of all respondents perform volunteer work weekly.

We do our best to get members together, convey news, and share information. Sixteen percent have not attended CHV planned activities and events. Some 30 percent attend every few months and almost one in four (23 percent) attend events at least monthly. Twenty percent visit the CHV website at least weekly. More than one half (56 percent) read every issue of the *CHV's Weekly Reminder and Inquiries* and 57 percent read every issue of *CHV News and Calendar*.



Asking for services is encouraged, so that members think of Capitol Hill Village with confidence to solve vexing issues, call if they have an adverse health experience, meet our interesting volunteers of all ages, or use our vetted vendors—who view CHV as an important source of business. About five out of six (84 percent) have used a CHV services in the past 12 months. Sixty-four percent have used a vetted vendor service. Thirty-five percent have used volunteer-provided transportation.

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Members: Convince a Friend to Join Capitol Hill Village and Celebrate Together!

We invite you to join our fall campaign for new members.

Thanks to donations from Village members, we are offering **\$50 gift certificates to dine out**. If the friend(s) joins before January 1, 2011, both you and any new member(s) you recommend each will receive a certificate. Contact Capitol Hill Village for details.

Executive Director *continued from page 3*

Membership growth is important. Since most say they join based on the recommendations of others, CHV is focused on the importance of confidence in CHV and satisfaction of members.

Almost all (96 percent) say they would definitely (80 percent) or probably (16 percent) recommend membership to others. More than 8 in 10 (86 percent) members who responded to the survey intend to renew. Ninety-two percent are satisfied with their CHV membership. Ninety-six percent consider the services good or excellent. Eighty-seven

percent have a lot or complete confidence in CHV. Eighty-five percent agree or strongly agree that membership is worth the annual fees. Eighty percent agree or strongly agree that CHV offers benefits they need. Ninety-two percent agree or strongly agree that CHV does what it claims.

Special thanks to member and volunteer Kathy Hardy for overseeing the collection and interpretation of the 2010 member survey. Thanks to her, members were asked to respond to these same questions last year and the year before. We are proud

of the results and will continue to strive for favorable reports from our members in 2011—and concentrate on areas we need to improve. The annual reports are augmented regularly by feedback from members about requested services (sought and collected by volunteer and member Suzanne Gentes) and informally collected comments about programs/activities. So keep up your constructive criticism; we appreciate knowing what you are thinking.

—Gail Kohn

Notes on Estate Planning and the Village Endowment Trust

By William Phillips

As we all know, some of the great strengths of the Capitol Hill Village include our wonderful members and a large number of volunteers to help us. In establishing the Capitol Hill Village Endowment Trust, we are making a good effort to establish a solid foundation for the Village. With a good endowment, we will be able to weather many future financial crises.

The Village Endowment Trust will succeed in providing additional funds for operating expenses used for all Village members. This will allow us to keep our membership dues as low as possible. The endowment can grow in many different ways. It can grow by having its assets increase in value, but mostly it will grow with creative giving.

Creative giving by members and other donors is really the key to its success. Obviously, contributions in cash will always be accepted; however, there are many, many other ways to make gifts to the endowment—good substantial gifts.

For example, you can name the Village Endowment Trust as a beneficiary of an existing life insurance policy, or as a beneficiary of some of your retirement funds. Your retirement funds would be your 401(k), 403(b), IRA, or TSP.

Of course, such changes should always be done as part of good estate planning. Individuals will want to take care of their families first, and in addition, many individuals will wish to remember their favorite charities in their wills. It is always important to consult with your lawyer and have them make any changes in your will.

In future articles, we will let you know other ways that you can help the Village Endowment Trust grow in future articles. As always, if you have questions please submit them to *CHV News*, and we will answer them in future issues.

SOME TAX ISSUES

Congress has recessed before the midterm elections. Unfortunately, they did not address many tax issues before leaving. One of these issues is the reestablishment of a federal estate tax. In 2010, the federal estate tax disappeared. In 2011, it is scheduled to come back with a vengeance. The federal exemption would decrease to \$1 million, and the maximum tax rate would increase to 55 percent. It is anticipated that Congress will address these issues in a lame-duck session after the election.

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Capitol Hill Village Harvest Fest *continued from page 1*

In presenting the Geoff Lewis Volunteer of the Year Award to Paul Malvey, CHV Board President Mary Proctor told the attendees that the Village has nearly 200 volunteers — “amazing for a 3-year old organization.”

Proctor said that the award to Malvey recognizes the invaluable contributions he has made to Capitol Hill Village.

Transportation is one of the critical services provided by the Village, and Proctor said that Malvey “has done more driving than anyone else. He fixes computers and, in addition, has taken on the task of lining up business sponsorship for the annual CHV Gala.”

Sponsorship for the Gala was tripled this year because of Malvey’s leadership, Proctor said. She noted that he also has brought his economic expertise, which was honed during a career at the Department of Treasury, to assist the Capitol Hill Village.

In accepting the award, Malvey said that he has lived on Capitol Hill for more than 20 years, but in the last 20 months, because of his volunteer work, has met about 200 people that he didn’t know before.



“I learned as a kid that you get out of an organization what you put into it,” Malvey said. “I feel better knowing I helped make someone else’s life easier.”

The other highlight of Harvest Fest was the dessert-baking contest, judged by long-time Hill resident and renowned cook, Anne Kraemer. The task was made more challenging by the variety of foods entered—several types of pie, cookies, cakes, ginger bread, short bread, and cheese straws to name a few.

The top prize was taken by Vera Sisolak with her pecan-pear pie, a 25-year-old recipe that she got from a recipe book put together by

Above: (In the background right) CHV member Karl Schwengel, seated in his Model-T truck, where free apples could be tasted...and taken home. (L to R) Unusually unsmiling CHV member Charles Rubio with members Celia and Mike Neuman (2009 Geoff Lewis CHV volunteer of year).

Below: (L-R) At the bird-feeder-making table, CHV volunteers Jojo Neher and Margaret Missiaen (who is also a member, enjoying desserts) with members Georgine Reed and Shirley Loo.

her son’s school. Sisolak says that she does not do much baking, but is better known for her gardening. She is president of the Capitol Hill Garden Club, and volunteers at several schools.

Second prize went to Judy Canning for her low-cal pumpkin pie, which she said she made to show people that you can make low-calorie food that tastes good. Third prize was garnered by Ann and Judy Cannon, who entered a cranberry pie.

In addition to mingling and sampling desserts, Harvest Fest guests could make bird feeders from pine cones, lard, and bird seed. They could also visit with Capitol Hill Village member Karl Schwengel, who again drove his 1923 Model-T Ford delivery truck to the Harvest Fest.



A Month in the Life of the Village *continued from page 1*



the vetted contractors. The Village linked us up with a carpenter who replaced the rotted bases of the columns on our front porch—a problem we had struggled with since buying our house. This month when we needed help with a gutter overflow problem, a CHV-recommended roofer came up with a solution and installed a new gutter.

Both of us enjoy helping other Village members. Ed does light home maintenance jobs. On Labor Day, when a member called about a malfunctioning phone, Ed did not hesitate to say he'd be right over. It took only a few minutes for him to change the settings on the phone and replace a light bulb. I volunteer to answer gardening questions. Few calls for gardening advice come into the office, but I am often asked informally about plant selection or street tree problems. I am happy to share my knowledge and hope that I am making our neighborhood greener. Ed and I have found that at Village social events we meet neighbors whom we would not have met

Above: Joan Feely, curator of Fern Valley at the National Arboretum speaks to CHV members about native plants.

Above right: Participants enjoy a beautiful outing at the Arboretum.

Right: CHV member and volunteer, Diane Brockett browses for books at the Southeast Library book sale.

otherwise. Events that involve food are always popular. Patricia Molumby arranges dinners at local restaurants for a very reasonable price. Both dinners at Toscana Café sold out. This Italian restaurant has only a few tables in the second floor dining room. The Village is able to reserve the entire space for a 3-course dinner for \$22. The food is excellent and the conversation entertaining.

Another social/educational event that drew several members was a tour of Fern Valley at the National Arboretum. Joan Feely, curator of this garden, spoke about creating a habitat for native plants. As she led us along the flat parts of the trail, Joan described many of the plants, especially the ferns. A new irrigation system kept the ferns growing through the



summer drought. Joan pointed out that some of the paths are closed, because the old trees often come down in storms. The sunny meadow adjacent to Fern Valley was alive with butterflies and gold finches feeding on the flowers and seeds of the native plants. Goldenrod, prairie dock, and other yellow flowers blanketed the meadow. Each of us went home with a new house plant

The Village offers home pickup services for used books and

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A Month in the Life of the Village *continued from page 6*



hazardous waste. Volunteers use a member's vehicle to make the rounds to collect the items. This month I took advantage of both services. I live near the SE Library and could easily carry a few books over for the sale, but I never seem to get it done. When I called the office and asked for a book pickup, I scoured my shelves and came up with thirty books for the sale. (I only brought 3.)

Our driveway was the staging area for September's hazardous waste collection. Again, members call the office to arrange for pickup. The truck loaded with paint, TV's, electronic equipment, and other

Above: Katie, Gail, and CHV volunteer, JoJo Neher, prepare the monthly HazMat collection for drop off.

Below: CHV Member Celia Morris welcomed CHV members into her home to discuss her book about Fanny Wright.

kinds of toxic material parked in the driveway during the day. Late in the afternoon, Gail arrived with another load. Jojo, Katie, and Gail packed everything into the already loaded truck that Jojo drove to the hazardous waste disposal site on Saturday morning.

The Village encourages members to share life experiences, and many have led remarkable lives. I had talked with Celia Morris

about gardening issues, but had no idea that she is a well-known author. Celia held the attention of several members as she described her experiences while researching her book, *Fanny Wright, Rebel in America*. The library at Cornell University had restricted her access to the papers she needed for the book. As she was furiously transcribing some of the materials, one of the staff offered her a job as a typist.

I found a personal connection to Celia in the places we had visited. Fanny Wright had lived in a utopian community in New Harmony, Indiana, near where I grew up. Of course, I remember very little about the place from my childhood visit and my Indiana history, but I will certainly learn more. When I googled Celia, I found that she celebrated her 73rd birthday working on a well project in Senegal, where I was a Peace Corps volunteer.

Judy Canning organizes many of the social/educational events. Feel free to contact her if you have a suggestion.



Cosmos and Cosmetics

On a lovely Thursday evening in October members spent an evening sipping Cosmos* and munching vegetarian sushi, while picking up beauty tips from two "mature" make-up mavens. Our make-up artists, Susan Boyd, of Wear it Well, and Terri Prell, do

not sell cosmetics; they just like looking great. They talked about style options and uses of make-up to enhance the look members are seeking. Members brought their own favorite cosmetics to share with others. Mary Haley was chosen for a make-up

makeover. The event was held at the Bryan School home of CHV members Jim and Bernadette McMahon. Jim chose to be away for the evening.

*Cosmos/Cosmopolitans are the favorite sweet/sour drink of *Sex and the City*.



One of our experts, Susan Boyd, transforming CHV member, Mary Haley, into her "evening" face...and the results. (A post survey: Mary is "noticed" regardless, because she is beautiful inside and out.)

Estate Planning *continued from page 4*

It will be important to pay attention to how Congress deals with the estate tax. It can have far-reaching effects on how you can distribute your assets upon your death. Many good ideas for dealing with it are before Congress, and we are hopeful that some of these proposals will ultimately be enacted.

It is not likely that these changes will affect anyone who died in 2010. It was at first thought that any change would be retroactive to January 1, 2010. However, given the passage of time, this is not likely to happen. While there is no federal estate tax in 2010, there

are substantial changes to what occurs to any assets in an estate for an individual who died in 2010. These include the treatment of the basis of estate assets and loss carry forwards among other more esoteric items. If any of these affect anyone in your family, it is time to see a lawyer.

It is important to note that Congress has not extended the ability to contribute any minimum distribution from your IRA to a charity. This was available to you in 2008 and 2009. While Congress may include this in any tax changes for 2010 after the election, it may be difficult to

get IRA trustees to work within the very few weeks that would remain in 2010.

Another tax item pending, of course, is the increase in tax rates. As it stands, everyone's tax rate will increase in 2011. The results of the midterm elections will greatly impact how Congress might deal with this — one of the reasons it was held back for the lame-duck session. Most pundits expect the Bush era tax cuts to be extended at least one year and probably two years. There appears to be a majority of support in the current Congress for this approach.

RANDOM MUSINGS

Bahrthdays

By Leo Orleans

One would think that since I was born on Friday the 13th in house number 13 (yes it was) and my mother was the 13th of 15 children, I would be an enthusiastic birthday celebrator. Unfortunately, and to the chagrin of my wife, I was never keen about birthdays whether my own or anyone else's. And, of course, it never occurred to me to figure out why until one normal night, between the first and second urinaitus interruptus, and, for no reason at all, my mind wandered to yet another strange topic.

Without nocturnal access to a little pocket adding gadget (no pockets), I figured out that in our small immediate family of one wife, two kids, two in-laws, three granddaughters, and me, we have celebrated 438 birthdays in our lifetimes! OK, 336, if I limit it to birthdays since our togetherness (but almost 200 more if I include our own parents). However you figure it that is a lot of birthdays for one lifetime and a lot of pressure. Like, you know, you have to remember the dates, buy the cards, buy presents or facsimiles, and, in many cases, arrange or participate in some form of festivity. The getting together part is a positive, but otherwise...what would I do if I didn't have a wife?

My arithmetic provided me with what seemed like a good enough reason for my laid-back attitude toward birthdays, but it evolves over many years and I have lived with this handicap from way back. So I had to come up with a more scientific excuse for my bah-

humbugness or one that makes some sense—at least to me.

I know that somewhat subconsciously I placed birthdays in the Mother Day and Father Day category—artificial (commercial?) celebrations of individuals who in most cases are more deserving of recognition. In the case of birthdays, however, we have to take a look back into history to realize how recently (in historic terms) we came up with the idea that dates of birth should be celebrated from babyhood to the end. Obviously, the basic requirement of keeping track of births is a calendar. And although thousands of years ago people started searching for ways to divide the years into some identifiable and practical segments, the reform Georgian calendar now in use around the world was not born until the 16th century! And it took almost four more centuries to gradually spread throughout the world. In fact, some countries (Russia, Greece, Turkey, and China) did not adopt our standard calendar



until the 20th century. In other words, even if the unlikely thought of keeping track of birthdays occurred to someone, the overwhelming majority of the world's population had no way of doing it. And even after the adoption of our current calendar, it took many more generations for the birthday idea to spread—predominantly in select socio-economic groups.

And that is why for thousands of years people wisely celebrated achievements and not someone's good fortune of surviving yet another year. I guess I'm just old fashioned.

Am I off the hook? Just a little? Please hurry—I have a birthday to attend.

Attention Federal Employees and Annuitants

Choosing the right health plan is one of the most important decisions you have to make. Rising costs and changing benefits don't make it an easy one. *The Checkbook Guide*, a Capitol Hill Village partner, has for 32 years provided federal employees and annuitants with rankings of available health insurance plans by estimated out-of-pocket costs, taking into account premiums, catastrophic limits, and estimates of likely additional costs for medical expenses of every kind. FEDVIP Dental and Vision Plans are also rated in the *Checkbook Guide*.

- HMO, Fee-for-Service, Managed Care, HDHP, CDHP, Medicare Part B...which is the best plan for you?
- Are you paying too much in your current plan or not getting the benefits you need?
- Are you in the wrong type of plan for your situation?

On or about November 8 Capitol Hill Village will have a copy of *The Checkbook Guide*. Contact the office to arrange borrowing it.

Upcoming Events and Programs *continued from page 1*



A Gullah dance called the ring shout in Georgia in the 1930s. Turner looked for African-Muslim elements among the Gullah. Photo: Lorenzo Dow Turner Papers, Anacostia Community Museum Archives, Smithsonian Institution

the culture and language of their enslaved ancestors, which had long been believed lost.

Our one-hour tour will be docent-led. You are welcome to stay longer to visit other parts of the museum.

Read the September 2, 2010, *New York Times* review of the exhibit at: www.nytimes.com/2010/09/03/arts/design/03gullah.html?_r=2&emc=eta1

Call the office to sign up and say if you need a ride or can provide one. We will leave the Hill around 10:30.

Members and their guests

Wednesday, November 3 • 7:00 pm
Northeast Library, 7th Street and Maryland Avenue, NE, Fully accessible (ramp at rear)

Chew on That!

Capitol Hill Village is hosting a new monthly discussion group! Capitol Hill Village members and young adult community members will join together to “chew” on some of the most interesting current events topics. Each group will be co-facilitated by a Capitol Hill Village member and young adult participant, who are experts or simply have an interest in the topics discussed. The facilitators will provide a brief introductory presentation regarding

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the topic and will then open discussion to the group. In most cases, facilitators will provide participants with briefing materials prior to the discussion.

The first “Chew on That” discussion will focus on the challenges of the public education system. Topics will include: education and social enterprise; charter schools and recent events within the DC Public Schools.

Open to the public

Thursday, November 4 • 7:00 pm
The Corner Store, 900 S. Carolina, SE, Accessible

Rosalie Edge, Hawk of Mercy: The Activist Who Saved Nature from the Conservationists

Award-winning Biographer Dyana Furmansky introduces you to conservation’s greatest forgotten heroine, Rosalie Edge. After hearing Dyana’s story of how one woman’s broken heart revolutionized conservation in America, you won’t forget Rosalie Edge again. Refreshments will be served. Dyana will sign books after her talk.

Friday, November 5 • 11:00 am
U.S. National Arboretum, Accessible



Fall Fruit & Foliage

Join us at the National Bonsai & Penjing Museum Special Exhibits Wing. This annual show is one of the most popular seasonal exhibits of the year. No need to go all the way to Skyline Drive in Virginia to enjoy beautiful fall colors. See red maples, yellow ginkgos, and fruited trees in the museum’s permanent

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Upcoming Events and Programs *continued from page 10*

collection pavilions. The Special Exhibits Wing features select trees during their peak colors.

Call the office to sign up and say if you need a ride, or let us know if you can drive.

Members and their guests

Saturday, November 6 • 9:00 am
Your home

DC Hazardous Waste Materials Pickup

This is the periodic pickup day for hazardous materials and personal papers at CHV members' homes that will be delivered to the District's safe disposal site. Personal papers (medical records or financial files) will be shredded at the drop-off site, viewed by the CHV delivery team to ensure they are destroyed. Hazardous wastes for pickup include paint, house cleaners, batteries, old medicines, televisions, video equipment, and others not accepted in weekly home trash pickup. For the list of accepted wastes, check the DC hazardous Wastes website: [http:// dpw.dc.gov/DC/DPW/Services+on+your+block/ recycling/ household+hazardous+waste+-+E-cycling-+document+shredding](http://dpw.dc.gov/DC/DPW/Services+on+your+block/recycling/household+hazardous+waste+-+E-cycling-+document+shredding)

Call 202.543.1778 or e-mail info@capitalhillvillage.org to request a pickup or volunteer to assist with the drive.

Members only.

Saturday, November 6 • Afternoon matinee
E Street Theater 555 11th St NW, Fully accessible

My Dog Tulip

Go see this well-reviewed movie with other members and friends This movie is animated, narrated by Christopher Plummer, with other roles played by Isabella Rossellini and Lynn Redgrave – and is based on a book by the immortal (but now less well known) British humorist writer J.R. Ackerley.

Members and their guests

Please RSVP to all events, and let the Village Office know if you need a ride, by calling 202.543.1778 during regular office hours or by e-mailing info@capitolhillvillage.org

Sunday, November 7 • 2:30 pm
Atlas Performing Arts Center, 1333 H Street, NE
Fully accessible

The Pirates of Penzance



The Washington Savoyards present Gilbert and Sullivan's *The Pirates of Penzance*.

We have negotiated an excellent price of \$25 per ticket. The deadline for ordering tickets has passed, but you may call the office no later than November 2 to see if additional tickets are available. Do not send a check until you receive confirmation from the Village office.

Members and their guests

Sunday, November 7 • 3:00 pm
Corner of 9th and G Streets, SE
(behind the Marine Barracks)

Fall Walk

Margaret Missiaen will lead us on a combination fall foliage, native plant, and alley walk. We will look at the trees on 9th Street and walk into the alley that runs east and west between 9th and 10th (in the 700 block of 9th St.). The alley is in good condition and walking should be easy. We will end up on 10th and look at the Tyler schoolyard. The native plant landscape there is outstanding. The trees and shrubs have been planted a few at a time for the last 3 or 4 years. The garden will look much better as it fills in and matures. It should be interesting to watch it develop. Please call the office to sign up.

Members and their guests

Wednesday, November 10 • 6:30 pm
(by reservation only)
506 Eighth Street, S.E. (2 flights of steps)

Dinner at Trattoria Alberto

Join us for dinner at Trattoria Alberto, a long-time Hill favorite for Italian meals. We are being offered

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Upcoming Events and Programs *continued from page 11*

a 3-course, \$21 fixed-price meal including: salad, a choice of entree, and dessert. For easy conversation we request tables for no more than six diners. The \$21 cost includes taxes and gratuities. Beverages (including coffee) are additional, and charged on an individual basis. CASH ONLY.

Please call the CHV office (543-1778) with your reservation by noon on Tuesday, November 9.

Open to members and volunteers.

Wednesday, November 10

DEADLINE TO ORDER TICKETS TO:

Showtime: Sunday, January 9, 2011 2:00 pm
Shakespeare Theater, Sidney Harman Hall, 610 F Street, NW

Candide

Adapted from Voltaire's masterpiece, *Candide* sparkles with the brilliance of Leonard Bernstein's score and the wit of poet Richard Wilbur's lyrics. Under the direction of Mary Zimmerman, Voltaire's classic satire springs to life with an inventive and visually stunning style. Bernstein's ravishing score includes the popular songs "Make Our Garden Grow," "Glitter and Be Gay," and "The Best of All Possible Worlds." Relish one of "the best of all possible" musicals.

Shakespeare Theater expects this show to sell out, so we are encouraging Village members to plan ahead for January and reserve tickets now. Group rates are available for a group of 10 or more. Price is \$34.75, or \$45 for the better seats; you may order either price tickets. Call the office **no later than Wednesday, November 10**. Do not send a check until you receive a call from the office that we have at least 10 reservations.

Members and their guests

Friday, November 12 • 9:00 am

Your home

Library Friends Used Books Pickup

Friends of Southeast Library will be picking up (boxed or bagged) donations of used books, records, music and movie CDs and DVDs from Capitol Hill Village member's front porches. The items will be used in the monthly, used-book sale at the library.

CHV members who want to receive a tax-related contribution thank you, include a list of donated items, plus your name and address.

For pickup, contact **CHV by Wednesday, November 10** at 202.543.1778 or info@capitolhillvillage.org.

Members only



Friday, November 12 • 11:00 am - 12 noon
Southeast Neighborhood Library, 7th and D Streets, SE (fully accessible)

Talk: Preventing Falls

Information will be shared regarding the risk factors for falls and some simple steps to take to reduce the likelihood of a fall. The talk will be presented by Tori Goldhammer of Living at Home Consultations. Tori is an Occupational Therapist in the Metro DC area who specializes in working with adults to remain safe and functional in the home they chose to live in.

Members and their guests

Saturday, November 13 • 8:00 pm
Church of the Epiphany, 1317 G Street, NW
(one block from Metro Center)

From Silly to Sublime: Reflections on Life, Love, and Laughter

The Congressional Chorus presents an eclectic mix of classic and contemporary choral works designed to tickle your funny bone and elevate your spirits, from P.D.Q. Bach to Randall Thompson's *Alleluia*. A Village member is offering **FREE TICKETS** to the first 10 callers. Call the office now to reserve your tickets.

Members only.

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Please RSVP to all events, and let the Village Office know if you need a ride, by calling 202.543.1778 during regular office hours or by e-mailing info@capitolhillvillage.org

Upcoming Events and Programs *continued from page 12*

Tuesday, November 16 • 6:00 pm
Private home (several stairs to front door)

Literary Club: Reading Poems Aloud

Bring a poem (or section of a long poem) you would like to read aloud (need not be your “favorite”). If your selection is short, such as a sonnet, you may want to read two. We might each introduce our poem(s) and say why we like it (them), then after the reading have brief comments. Bring 10 copies, if you would like to share your poem(s) with other members. Call the office to sign up and find out the address.

Members and volunteers

Friday, November 19 • 11:30 am
Southeast Neighborhood Library, 7th and D Sts, SE
(fully accessible)

Balance Class

Join other members in this monthly balance class, which will help you recognize that strength and agility are the best defenses against falls. Practice skills that will keep you on your feet. The class is taught by a physical therapist volunteering from Physiotherapy Associates.

Please RSVP with CHV office

Members only

Fine Turkey Is Awaiting, So Join Your Friends

Thursday, November 25 • 4:00 pm
Diane Brockett's home, some steps to enter

Thanksgiving Dinner Potluck

Thanksgiving is a time to share — a time to share good thoughts with family and friends, to share an inviting and heavily laden table, and maybe even to watch a little football (an upstairs viewing room is available).

This year, why not enjoy a roasted turkey and blazing fireplace with some of your fellow Capitol Hill Village members? And, note, the invite is for all Village members, singles and couples.

November's “potluck” gathering will be a Thanksgiving Dinner at the home of Diane Brockett. She will prepare a turkey, stuffed with oyster dressing. Other CHV members can bring their favorite Thanksgiving dish, whatever it is that ensures a Happy Thanksgiving for you, complete with personal memories. Apple cider or wine would be good alternatives if no potato, or vegetable, or non-oyster (maybe corn) dressing, or salad or roll or dessert or appetizer dish rises up from your memories.

Village diners will be asked to gather about 4:00 pm, dinner maybe 5:30. We'll ensure seats for eating, but tables plus other arrangements will



depend on numbers of friends arriving.

If anyone plays a guitar or violin or other movable musical instrument on which they want to perform and to share, bring it along. Or how about bringing a poem to read to friends? Regardless, be assured that music will be there to enjoy, plus two lighted, but not roaring, fireplaces.

So, if your calendar is not already set for Thanksgiving Day, please let us know if you will join other Capitol Hill Village friends for dinner.

Call 202-543-1778 or e-mail info@capitolhillvillage.org to let us know you will join friends for dinner and what you will bring.