

CAPITOL HILL VILLAGE

APRIL 2012

NEWS

Join Our Celebration to Benefit Capitol Hill Village Low-Income Members



The pictured long, spring walkway will lead you to the Stephen C. Rogers Birthday Party on Saturday, April 28. Beyond the decorative fence, away from street view, is the home of Heather and Tom Foley — an open plan, light-filled contemporary Capitol Hill home built 20 years ago when he was Speaker of the House.

A year-round garden visible from all rooms in the light-filled contemporary Foley home lays beyond the gate shown.

The one-story house is built so that every room looks out on a garden that can be enjoyed all year long. The central courtyard is centered on a lily pond and always contains flowers. More flowers are visible

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Five Wishes Worth Thinking About

By Julie Maggioncalda

There are many things in life that are out of our hands. This Five Wishes document gives you a way to control something very important — how you are treated if you get seriously ill.

Five Wishes

“Five Wishes,” the most accessible living will document of its kind, was developed with the help of The American Bar Association’s Commission on Law and Aging. “Five Wishes” functions as a legally binding living will and durable power of attorney for health care in 42 states (including Virginia and Maryland) as well as in DC.

CHV members were introduced to the “Five Wishes” living will document after the recent Be Prepared session on hospital care.

“Five Wishes” lets your family and doctors know who you want to

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Upcoming Events

SAVE THE DATE: Tuesday, May 8 • 6:00 – 8:00 pm
Hill Center, 921 Pennsylvania Avenue SE. Entrance on 9th Street.
Fully accessible.

Capitol Hill Village Town Hall Meeting

Members will soon receive the CHV 2011 Annual Report in the mail. Read the report; then attend our CHV Town Hall Meeting to learn more about progress through the Village’s (almost) first five years. Staff and board leadership will be present to talk about Capitol Hill Village’s progress, and what plans are underway for continued rebuilding of this vibrant organization.

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April 2012 Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Petanque, 4 pm, see p. 13	3 Qigong, 10 am, see p. 13	4	5 Qigong, 10 am, see p. 13 Contact the office by noon to arrange Apr. 7 Hazardous Waste pickup	6	7 Hazardous Waste Pickup, Starting at 9 am, see p. 10
8	9 Petanque, 4 pm, see p. 13 Contact the office by 12 noon to RSVP for the Apr. 11 dinner at Toscana Café	10 Qigong, 10 am, see p. 13 Deadline to reserve ticket for Taming of the Shrew on April 22	11 Dinner at Toscana Café, 6:30 pm, see p. 10 Contact the office by noon to RSVP for the Apr. 12 Cinephiles Club AND to arrange Apr. 13 book pickup	12 CHV Cinephiles Club, 6:00-7:30 pm, see p. 11	13 Book Donation Pickup, Starting at 9 am, see p. 11	14
15	16 Petanque, 4 pm, see p. 13 Contact the office by noon to sign up for Apr. 17 Literary Club & Apr. 18 Tour of Accessible Homes	17 Qigong, 10 am, see p. 13 Literary Club, 6-7:30 pm, see p. 11	18 Tour of Accessible Homes, 10:00-12:00 am, see p. 11	19	20 Deadline to reserve ticket for The Music Man on June 13	21
22 Taming of the Shrew, 2:00 pm, see p. 12 Veteran Social Group, 5:00 pm, see p. 12	23 Petanque, 4 pm, see p. 13	24 Qigong, 10 am, see p. 13	25 Contact the office by 12 noon to sign up for the Apr. 26 Opera Society and the Apr. 27 Balance Class	26 Qigong, 10 am, see p. 13 Village Opera Society, 5:00 pm, see p. 11	27 Balance class, 12:30 pm, see p. 21	28 Rogers Birthday Party, 2-4 pm, see p. 1 & p. 13
29	30 Petanque, 4 pm, see p. 13	MAY 1 Qigong, 10 am, see p. 13	2	3 Qigong, 10 am, see p. 13	4	5

For more information about any event, or to RSVP for an event, call the CHV office at 202.543.1778 during regular office hours (9 am to 5 pm) or e-mail info@capitolhillvillage.org

CAPITOL HILL VILLAGE

To reach us:

202.543.1778 (M-F, 9 am-5 pm)

info@capitolhillvillage.org

www.capitolhillvillage.org

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Connect with CHV at:



To unsubscribe, please send an e-mail to unsubscribe@capitolhillvillage.org

To become a member, go to www.capitolhillvillage.org and click on "Join." Dues can be paid online through PayPal. Or call the office at 202.543.1778.

To support the Village, go to www.capitolhillvillage.org and click on "Support/Donate." Capitol Hill Village is a 501(c)3 charitable institution, and your gift is tax deductible. All donations are welcome!



GREATER WASHINGTON



CHV #55474

Capitol Hill Village Leaders

Mary Procter, President of the Board
Katie McDonough, Executive Director
Julie Maggioncalda, Director of
Volunteer & Social Services
Gail Kohn, Advisor to the Board

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From the Executive Director...

What's that old saying, "You're only as old as you feel?" That's true of Capitol Hill Village.

Somewhere along that way, CHV has gotten the reputation of being an organization only for the old. That's a mystery to me because, when I look at our membership, I see people who run the age spectrum with our youngest in her mid-40s and our oldest in his late nineties.

Although the concept of "old" is as relative as the concepts of "beauty" and "intelligence," I know it is fair to say that Capitol Hill Village is not an organization made of the old and frail. In fact, our community is extremely active, and nearly 60 percent of our members are regular CHV volunteers.

When I talk with Hill residents about joining CHV, I often get the response, "Well, I'm not ready to join the Village. I'm not old enough yet." Often, I can't help but challenge many folks during those conversations: "Well, who do you think our members are?"

The fact is that most, I dare say all, of our members are vibrant, interesting and independent neighbors who realize that Capitol Hill Village simply helps them to manage their lives more easily and efficiently.

At the heart of CHV is the social network that has opened doors for many of our members to learn new skills and experience new hobbies and interests. As children leave home and retirement finally becomes a reality, many of our members find they have more time to invest in creating spaces for learning and community. Capitol Hill Village makes this happen!

Additionally, the Village also is approached by students of area



schools, or our very own volunteers, who are looking to connect to the Village to build their own skills. These younger members of our community may want to learn about home maintenance or how to move their culinary skills beyond the microwave. Through our Intergenerational Skills Exchange program, CHV members step up to the plate and help teach these valuable skills, and in the process, make new friends.

Some folks say, "Well, I'm not old enough to need your services yet!"

This statement is just not true. CHV provides services that are valuable to Hill residents of all ages, including rides to the airport and the car repair shop; door-to-door pickups of old books, furniture, hazardous waste, medication and even old pennies; access to over 100 vetted vendors; pet and house care while you travel, and one-to-one technical support for computers and appliances.

I also challenge those who think this way to talk to some of our 60-, 50- and even 40-year-olds who have had unexpected broken legs, heart conditions and even strokes, and have realized just how valuable

► *continued on page 5*

From the Advisor to the Board...

Capitol Hill Village Sustainability

Please join us Saturday, April 28, for some fun, while raising money for low-income members. You'll have the opportunity to see the inside of the home of Capitol Hill Village members Heather and The Honorable Tom Foley.

Bring a "present" for the Stephen C. Rogers birthday celebration. Last year, this event raised over \$30,000. In order to increase the proportion of low-income Capitol Hill Village members, we need to build the Stephen C. Rogers Fund.

The late Stephen C. Rogers' was vocal about his belief that Capitol Hill Village should make it possible to include all on Capitol Hill, who

want to join and remain members, regardless of their income.

You also may choose to contribute to the fund in honor or in memory of someone else you know who is appreciative of the vision of Capitol Hill Village increasing membership representative of all who live here.

The Foleys are hosting because they support the Capitol Hill Village inclusive vision. Join us and see the beautiful, unusual home they created on one floor, perfect for remaining where they are. See page 1 for details.

Housing Options on Capitol Hill

What are your plans for the future? A new Capitol Hill Village on-line



survey is coming your way. This is your opportunity to express your opinion about housing options on Capitol Hill that you may be considering. It would be very helpful to have as many participate as possible.

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Support the Benefit for Low-Income Members

continued from page 1

in the backyard. The walkway and arbor entrance sit atop recently added geothermal wells, which heat and cool the house. Only the white gazebo with the inner rose garden can be seen from the street.

The Foleys, who are CHV members, are hosting the Stephen C. Rogers Birthday Party to highlight the Village goal of keeping Capitol Hill Village open and inclusive. The Rogers Fund is essential to helping pay the fees of lower-income Membership Plus members and ensure our membership reflects the economic diversity on Capitol Hill.

Low-income members represent more than 16 percent of CHV membership, thanks to the generosity of many on Capitol Hill, plus several grants.

An invitation to the 2-4 pm fundraising Rogers Birthday Party will be arriving soon via e-mail.

What Is the Stephen C. Rogers Fund?

What is the Stephen C Rogers Fund? How was the name chosen? These two questions often are asked of Capitol Hill Village Board Members. The first answer is simply stating the mission of the fund: to help pay the fees of lower-income members and insure that CHV membership reflects the economic diversity on Capitol Hill.

Steve's widow Harriet, a founding member of the Village, still remembers being moved to tears in April 2007 (Steve had passed away on March 31st) when fellow board members surprised her with the announcement that the Membership Plus Program would be named after Steve. His initial membership fee would be the "1st contribution" for the Membership Plus Program.

An honor to her, for sure, but even more to the memory of Steve, who was supportive of the idea of a "village" for Capitol Hill ever since reading about its predecessor in the Beacon Hill area of Boston. Despite his illness, he encouraged Harriet to go "full boar" into the establishment of CHV, no matter how much time was required away from their home.

Steve loved Washington and especially Capitol Hill, where he resided for more than 40 years, 25 of them married to Harriet. No surprise, she still lives in their home, the home that she hopes CHV will keep her in until, as the saying goes, "feet go first".

Fund Mission: to help pay the fees of lower-income members and insure that CHV membership reflects the economic diversity on Capitol Hill.

King's Dream May Lead to Annual CHV Event



Capitol Hill Village, to recognize Black History Month, sponsored a seminar February 11 concerning Dr. Martin Luther King Jr.'s "I Have a Dream" speech.

Despite a snow flurry, more than 40 people attended. The meeting at the Hill Center was attended by, among others, a number of Hill residents who had been present at the Lincoln Memorial on August 28, 1963. Also among the attendees were 7 college students in Washington for the American Studies program who volunteer for the Village.

The proceedings were recorded, courtesy of the Overbeck Capitol Hill History Project. The transcript of the event will become available online. A number of those present shared their personal recollections of events of that day and the still-polarized atmosphere in D.C. and the country at that time.

The attendees generally agreed that it was especially useful today to recall those past events, told first-hand by people who experienced them. The session passed on the living legacy to young people and those who were not here at that time.

Several people at the session proposed that this should become an annual event.

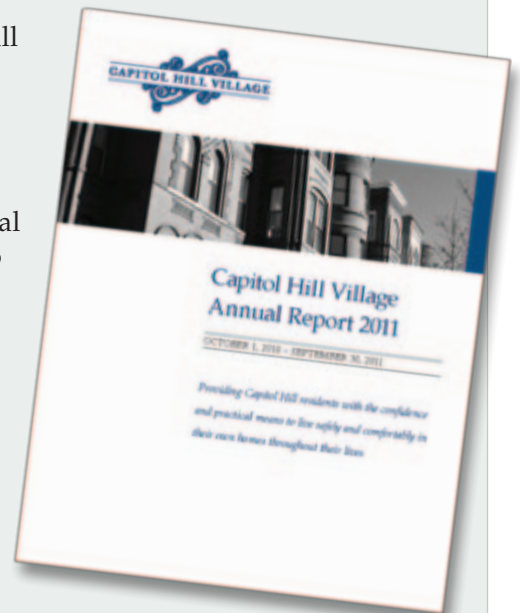
CHV 2011 Annual Report Arriving

The Capitol Hill Village Annual Report for FY 2011 has or soon will be arriving at members' homes.

The report includes highlights of member services and activities from October 1, 2010, through September 30, 2011, and a financial statement for the fiscal year. Also highlighted are the Village's continued leadership in the national aging-in-place village movement, and our increasing recognition as a partner in the Washington community.

Read the report; then attend our **CHV Town Hall Meeting at 6-8 pm on Tuesday, May 8**, to learn more about progress through the Village's (almost) first five years. Staff and board leadership will be present to talk about Capitol Hill Village's progress, and what plans are underway for continued rebuilding of this vibrant organization.

The May 8 session will be open to all, so please invite friends and neighbors who may want to learn more about the village. The session will be held in the Hill Center's Lincoln Room.



From the Executive Director *continued from page 3*

our care coordination and medical advocacy services are.

From their experiences, they have learned that the health care system is confusing and often impossible to navigate alone, especially when your health or well-being is compromised. Moreover, the market rate for these services averages \$80-100/hour, and the Village currently provides these services to our members at no additional cost.

Membership dues do not cover all of the expense it takes to serve our members. We rely on members to join early before crises occur to be sure the Village is on Capitol Hill for many years to come.

Join or Renew Your CHV Membership Now and Save!

Join or renew for two to three years and lock in the current membership fees (\$530 for individuals and \$800 for households of two or more).

So, if you're not already a member, join! If you are a member, use our best source of marketing, word of mouth, to encourage your friends and neighbors to be a part of our burgeoning organization.

You'll be glad you did.

— Katie McDonough

Five Wishes Worth Thinking About *continued from page 1*

make health care decisions for you when you cannot do so, what types of medical treatment you want or don't want, how comfortable you want to be, how you desire people to treat you, and what you want your loved ones to know if you are in circumstances that prevent you from expressing these wishes yourself. Your family, friends and medical professionals will not have to guess what you might want.

But what makes the "Five Wishes" unique is that it prompts you to

think through a number of possible scenarios that could arise if you become seriously ill. It guides you through the personal, emotional, spiritual and medical decisions a loved one may need to make if you are unable to express your own wishes. It is written in everyday language, provides explanations and contains space for you to explain the nuances of your particular wishes.

It's easy to get overwhelmed by the specifics of complex choices that can have such far reaching implications.

The simplicity and clarity of documents like "Five Wishes," breaking down bigger decisions into digestible portions in a simple format that allows time for thought and nuanced responses, results in something with which you can feel comfortable if it ever has to be used in the future.

CHV will provide copies to any member upon request. Contact the Village at 202.543.1778 or info@capitolhillvillage.org.

Advisor to the Board *continued from page 4*

We know that members have moved elsewhere on the Hill to stay in the neighborhood in accommodations better suited to their future lifestyle. Others have said they, too, want to make changes.

When developers say they plan to build one-bedroom and studio units, Capitol Hill Village leaders tell them (and the policy makers who affect their land use) that members are looking for larger apartments that feature universal design. Capitol Hill Village can help further by knowing more about your future plans.

Nursing Homes or Green Houses?

When you hear that a friend has been placed in a skilled nursing home, you know it is not on Capitol Hill and you know you will not want to see your friend's institution.

That is why Capitol Hill Village is focused on Green Houses, small Capitol Hill residences that happen to be licensed for rehabilitation, treatment and personal assistance. You'll want to visit your friend there because s/he is living in the neighborhood. You also will be pleased with what you see.



Making Green Houses happen is important. We want you to know why. In May, you'll be invited to a presentation about what Capitol Hill Village has in mind. In the meantime, take the time to visit TheGreenHouseProject.org.

Learn why Robert Wood Johnson Foundation is enthusiastic about seeing Green Houses across the USA. See that respected scholars view the Green House as small, local residences, as an important direction for long-term care.

No one wants to experience long-term care, but the chances are significant that you and/or someone you love will need to be placed. If Capitol Hill Village is successful in developing Green Houses on Capitol Hill, those who move there can remain or become Capitol Hill Village members.

Having Capitol Hill Village available to help with any request can make life much better, no matter where you live on the Hill.

— Gal Kohn

Staying on Capitol Hill

Members of Capitol Hill Village have been sent via e-mail a request to complete a survey about future plans. Examples of members, who want to stay on Capitol Hill but move to an apartment, are growing. The survey is intended to help Capitol Hill Village communicate with developers and DC decision makers about what CHV members are looking for, if they are thinking about moving.

For example, Capitol Hill Village members Linda and Randy Norton moved to their Hill apartment from their Capitol Hill row house last year. CHV founder Geoff Lewis and wife, Terry, are selling

their home and will be moving to The Maples between C and South Carolina Streets SE later in the year. Others also have told Capitol Hill Village that they are interested in continuing to live on Capitol Hill, but not in their present homes. (Those members who prefer not to complete the survey on-line can be contacted by telephone. Please let the CHV office know, if you want to be called, by dialing 202.543.1778 or e-mail: info@capitolhillvillage.org.)

Please complete the survey ASAP, no later than Saturday, March 31.

You may be interested in evaluating the impact of selling your home and moving elsewhere. You'll want to

decide whether to purchase another residence or not. Capitol Hill Village received permission from Bankrate.com to present you with an article by Kay Bell, entitled, "Capital Gains Home-sale Tax-break Is Boon for Owners," which may help you with understanding the tax consequences of selling your home.

Watch for additional Capitol Hill Village programs to consider other factors that may help you make up your mind about staying in your Capitol Hill row house, including another Be Prepared University session on Prepping Your Home for the Future, scheduled in a NE location for the convenience of members living there.

Capital Gains Home-sale Tax-break Is Boon for Owners

By Kay Bell • Bankrate.com

What's the best tax break available to Jane and John Q. Public? If they're homeowners, it's selling their house.

Homeowners already know the many tax breaks that Uncle Sam offers, most notably mortgage interest and property tax deductions. Well, he also has good tax news for home sellers: Most of them won't owe the Internal Revenue Service a single dime.

When you sell your primary residence, you can make up to \$250,000 in profit if you're a single owner, twice that if you're married, and not owe any capital gains taxes.

"Most people are not going to have a tax obligation unless their gain is huge," says Bob Trinz, a senior tax analyst at RIA, which provides tax information and software to tax professionals.

Some sellers are surprised by this break, especially if they've been

in their homes for a while. That's because before May 7, 1997, the only way you could avoid paying taxes on your home-sale profit was to roll the money over into the purchase of another, more expensive house within two years.

Sellers age 55 or older had one other option. They could take a once-in-a-lifetime tax exemption of up to \$125,000 in profits. And in all instances, there was tax paperwork (Form 2119) to fill out to show that you followed the rules.

But when the Taxpayer Relief Act of 1997 became law, the home-sale tax burden eased for millions of residential taxpayers. The rollover or once-in-a-lifetime options were replaced with the current per-sale exclusion amounts.

"There is some logic to this law change because most people under the prior rules didn't recognize a taxable gain because they rolled it over into another residence," says

Trinz. "The change essentially makes it easier to dispose of your residence."

Still there are some requirements to meet.

If you used pre-1997 rules for residential sales, don't worry. That doesn't disqualify you from claiming the exclusion on any residential sales now. The law change applies to all sales since it took effect.

Another bonus of the new rules: You don't have to buy another home with your sale proceeds. You can use the money to travel to Europe in style, buy an RV and drive across the country or get all those designer shoes you never could afford before.

Even better, there's no limit on the number of times you can use the home-sale exemption. In most cases, you can make tax-free profits of \$250,000 (or \$500,000 depending on your filing status) every time you sell a home.

Salon Mystery Guest Is Health and Human Services Secretary Kathleen Sebelius

By Lisa Nickerson

Monday evening, March 12, 18 guests learned the identity of this year's Salon Dinner Mystery Guest — U. S. Secretary of Health and Human Services Kathleen Sebelius.

Secretary Sebelius and dinner hostess Peggy O'Brien (a CHV member) were friends and fellow students at Trinity Washington University (Trinity College in those days), where Sebelius also met her husband, Gary Sebelius. She holds a Master of Public Administration degree from the University of Kansas in addition to her B.A. from Trinity.

Sebelius is the first daughter of a governor also to be elected governor in her own right. Her father, John Gilligan, served as Ohio Governor 1971-1975. Before her Cabinet appointment in April 2009, she served as Governor of Kansas beginning in 2003, and was named one of America's top five governors by *Time Magazine*.

Prior to that, from 1995 to 2003, she served as the elected Kansas Insurance Commissioner; from 1987 to 1995, she was a member of the Kansas House of Representatives.

Following a buffet supper of baked ziti, meatballs and salad, Sebelius made brief opening remarks before inviting questions. She admitted that she was unfamiliar with Capitol Hill Village until this salon, but said that momentum is growing to support services for aging in place.

Asked whether she sees any hope of federal funding for integrating services for long-term care, Sebelius replied that most people don't realize that Medicare does not cover long-term care. It is covered



only under Medicaid, if a patient is certified to be indigent.

Currently, families provide 80% of long-term care in the US. Ironically, many people do not know that their current health insurance policy may provide home health care benefits.

She noted that the Affordable Care Act of 2009 originally provided for "Class Act," an entitlement program to provide home health services. It would have allowed people to pay through payroll deduction into a portable fund for five years before drawing it down to pay for home health services. Unfortunately, the program could not be implemented because the legislation required a guarantee that the fund would be sufficient to cover costs for at least 75 years.

The good news, according to Sebelius, is that the Affordable Care

Act does provide a platform for demonstration projects that, if they are successful in providing better care at lower cost, could be adopted nationwide.

Ultimately, Sebelius said, prevention strategies provide the greatest opportunities for improving public health, focusing especially on reducing smoking and obesity to help prevent cancer, heart disease and diabetes. Improved nutrition and healthier life styles also are critical to reducing the costs of health care.

Sebelius has great hopes for better and more efficient patient care through improved medical technology (such as electronic medical records), better access to specialists in rural areas via teleconferencing, and better communications among doctors, specialists and hospitals through "communities of care."

Finally, Sebelius believes that the Affordable Care Act will be ruled constitutional by the Supreme Court. Three out of the four U. S. Courts of Appeals Courts that have considered the issue already have ruled that it is, based on 70 years of precedents establishing that the Congress can regulate any business that crosses state lines.

Patrick Durnan Hosts Glorious St. Paddy

By Pat Brockett

It was Glorious Green on March 16 at the St. Patrick's Day Party hosted by Patrick Durnan and his daughter Kellie. Some 20 CHV members and neighbors gathered at his home on 7th Street SE for an evening of conversation, drink and delicious Irish food.

Although the lamb stew, corned beef and cabbage, numerous desserts, Irish beer and liquor were a focal point, the evening highlight was CHV member Durnan's remarks on his family history.

Patrick was born on Long Island and is a first generation American. His parents, whose early adulthood photos hang prominently on his living room wall, both emigrated from Ireland, but Patrick thinks that they must have met in the U.S. — and he is glad they did. Although Ireland is a small country, they came from

Below: Patrick Durnan shares his fond Irish memories. Top right: Irish liquors were among the evening cheer for Larry Molumby, Grover Batts, and Jennifer Ware. Bottom right: Bryan Cassidy and Mary Hannon-Haley were among the true Irish members of CHV who enjoyed the Durnan feast. Photos: Pat Brockett

opposite sides of the island and there would not have been a lot of travel back and forth for courting.

He lost his mother when he was two and was raised by his father on a Long Island estate where his father took care of the horses. Patrick is very proud of his father who, as an Irish citizen, joined the U.S. Army in WWI and fought for his future country in Belgium and France. Patrick has a certificate identifying his parents as being listed on the Wall of Honor on Ellis Island.

Patrick joined the Navy when he was 18, served for 30 years and "forgot to go home." He and his wife settled

in Woodbridge, Virginia, Patrick working for a contractor. They moved to Lake Ridge, Virginia, where they started a tradition of hosting a St. Patrick's Day party. They even built a party room in their new home for just this occasion.

Patrick has lived on 7th Street for eleven years, has had his hip replaced and can't climb stairs as he did as a young man. So his children built a first class, red and gold elevator to allow him as much continued independence as possible.

It was a glorious evening March 16, allowing all of us to become just a bit Irish for a few hours!



RANDOM MUSINGS:

The Bird

By Leo Orleans

I have no idea if the ant has breakfast before he goes to work, but I am quite sure that as soon as he wakes up he gets on the stick and embarks on his busy daily schedule.

Upon arising, the bee might have a spot of honey for some quick energy, but then off it goes to check on the flowers and decide what flavor of honey it will be making today.

I know from personal observation that when they wake up, squirrels spit on their hands to wash their faces and off they go to fill their stomach with bulbs imported from Holland and other tasty treasures in people's gardens.

Cats can take a very long time to wake up, but once they do they are quite worthless until they have had

their breakfast—whether in a dish or after a chase.

In fact, I would say that virtually all members of the animal kingdom have one thing in common: the second thing they think of upon waking up is food.

The one exception lives outside my window. In the middle of the night, when everyone else is sleeping, this stupid bird gets up and, on a completely empty stomach, starts singing . . . and singing . . . and singing . . . until daylight. It would not be an unpleasant song if performed in an elevator or even during cocktail hour, but in the silence of the night it is almost as bad as a fire alarm. It invades the bedroom and impregnates the pillows under and over my head. I cannot escape it.



Can anyone tell me why in the world a bird—a male, yet, I am told—would start singing before it had its breakfast? Is it possible that he is looking for a mate who, since she cannot see his features in the dark, makes her selection solely on the basis of his musical talents?

There should be a law against it.

(This column was published in *The Washington Post* five springs ago.)

Upcoming Events *continued from page 1*

The May 8 session will be open to all, so please invite friends and neighbors who may want to learn more about the village. The session will be held in the Hill Center's Lincoln Room. **RSVP with the CHV office (202.543.1778) by Friday, May 5.**

Open to all

Saturday, April 7 • 9:00 am

Your home

DC Hazardous Waste Materials Pickup

This is the periodic pickup day for hazardous materials and personal papers at CHV members' homes that will be delivered to the District's safe disposal site. Personal papers (medical records and financial files) will be shredded at the drop-off site, viewed by the CHV delivery team to ensure they are destroyed. Hazardous wastes for pickup include paint, house cleaners, batteries, television, video equipment, and other items not accepted in weekly home trash pickup. [Click here to be taken to the DC DPW website.](#)

Capitol Hill Village recommends that you remove your hard drive from computers you are disposing in the pick up. If you need assistance doing so, call the Village office and we can send a volunteer. Call 202.543.1778 or e-mail info@capitolhillvillage.org by **noon, Thursday, April 5**, to request a pickup or volunteer to assist with the drive.

Members only

Wednesday, April 11 • 6:30 pm

601 Second Street NE (dining room on 2nd floor, up steep stairs)

Dinner at Toscana Café

RESERVATION ONLY (by noon Monday, April 9)

We will return to Toscana Café for a fixed-price, Italian dinner that includes a choice of: one of two appetizers; one of two entrees (one non-meat); and one of two desserts. The \$30 fixed-price includes taxes and gratuities. Alcoholic beverages and coffee are charged to the individual consumer. **CASH ONLY.**

Upcoming Events *continued from page 10*

You can preview the menu and read about Toscana Café at: www.toscanacateringdc.com.

You must call the office (202.543.1778) by noon on Monday, April 9 to reserve a place. If you made a reservation and find you cannot attend, please call the office to cancel. Reserve early, we expect a wait list.

Limited to 18.

Members and prospective members only

Thursday, April 12 • 6:00-7:30 pm

Private home. Call office for address.

Cinephiles Club

The next discussion evening of the Cinephiles will be about the film *Being Flynn*, directed by Paul Weitz. *Being Flynn* is a father-son story with a real twist, as there are two Flynn's, both aspiring—or once aspiring—writers who have come together after a long separation. Roger Ebert of the *Chicago Sun Times* wrote: "What's admirable about *Being Flynn* is that it doesn't cave in to the standard Hollywood redemption formulas, with the father redeemed and the son inspired. It's more complicated...." Join us to discuss the complications!

Interested participants should see the film (Landmark E Street Cinema is current DC site) and call the CHV office to sign up for the discussion (and learn the address) no later than **noon, Wednesday, April 11**.

Members only

Friday, April 13 • Starting at 9:00 am

Your home

Book Donation Monthly Pickup

Friends of the SE Library will be picking up donations of used books, records, music and movie CDs and DVDs from Capitol Hill Village members' front porches. The items will be included in the monthly used-book sale Saturday, April 14 (10 am to 3 pm), in the basement of the library at 7th Street SE, just off Pennsylvania Avenue.

Sign up by noon, Wednesday, April 11.

Members only

Please RSVP to all events, and let the CHV office know if you need a ride, by calling 202.543.1778 during regular office hours or by e-mailing info@capitolhillvillage.org

Tuesday, April 17 • 6:00-7:30 pm

Private home. Call office for address.

Literary Club

Join us for a reading of portions of Lillian Hellman's 1960 play, *Toys in the Attic*, which exposes the trouble in a New Orleans family of two unmarried sisters and their spoiled younger brother, enmeshed in issues of money, status, sex and race. The Literary Club will order 10 copies of the script and will alert Literary Club regulars when they have arrived. Other people interested in participating should call the Village office to say they are coming. They will be put in touch with the host, who will then make a copy available and find out which of the seven parts they are interested in reading. We will read 3-4 scenes from the play.

Please call the office to sign up by noon, Monday, April 16.

Members and volunteers

Wednesday, April 18 • 10:00-12:00 am

Tour of Accessible Homes

Four Capitol Hill Village members graciously have agreed to open their homes to fellow members to show the adaptations they recently have made to enable them to continue to live comfortably at home. You will see one house where considerable remodeling was done and homes that added elevators and other features to make homes safer and easier to live in. Another of the houses, that of Joni Bell, was featured in the July 2011 CHV newsletter.

You may visit the homes in any order, but please call the office to sign up so we know how many people to expect. The distance between the houses is great, so you probably will want to drive yourself or ask for a ride. Call the office no later than **noon, Monday, April 16**, to sign up. The office can give you the addresses or e-mail them to you.

Members and their guests

► *continued on page 12*

Upcoming Events *continued from page 11*

Sunday, April 22 • 2:00 pm

Lansburgh Theater, 450 7th Street NW
(near E Street)

The Taming of the Shrew

The Village Theater Group's April selection is Synetic Theater's *The Taming of the Shrew*, a world premiere and the eighth in a series of Silent Shakespeare plays. It is directed by founding artistic director Paata Tsikurishvili and choreographed by his wife Irina, who also will play Katherina in the classic Shakespearean comedy. This selection was made in part to introduce CHV members to Synetic, an amazing physical theater group that over the past decade has earned numerous Helen Hayes nominations and awards. This is "art with a capital A", quotes the *NY Times*, while the D.C. Examiner writes: "Certainly one of the most innovative theater arts organizations in the DC area, and indeed, the U.S."

The group rate for 20 or more people will be \$40. For 10-19, the price is \$45. Phone CHV office to reserve tickets for members and guests and to make any special seating and transportation requests. Also, indicate if you are interested in discussing the performance afterwards; we can meet at Carmine's, a restaurant just across the street. You will be contacted about the price after we know how many people are coming, and may send checks to CHV at that time. **The deadline for reservations is noon, Tuesday, April 10.**

Members and guests

Sunday, April 22 • 5:00 pm

Private home

Veteran Social Group Meeting

Join us for April's Veteran Social Group Meeting! American and Foreign Veterans, their loved ones, and those interested in Veteran issues meet to discuss current topics, exchange experiences and meet others on the Hill.

Some of the topics covered during the last group included the changes in society of a volunteer versus drafted military, implications of Veterans returning after war on society, the Pentagon Papers and the changing role of the media in the military with the advent of technological advances. The group is non-partisan and discussions are organic to each meeting. The social will commence on Sunday, April 22nd, at

Please RSVP to all events, and let the CHV office know if you need a ride, by calling 202.543.1778 during regular office hours or by e-mailing info@capitolhillvillage.org

5:00 pm — featuring various wines and cheeses. Feel free to bring your own contribution of wine, crackers, cheese or other hors d'oeuvres. **RSVP to the Capitol Hill Village office by noon, Friday, April 20.**

Thursday, April 26 • 5:00-6:30 pm

Private home. Call office for address.

Village Opera Society

The Village Opera Society will hold its next meeting on Thursday, April 26, at 5 p.m. In honor of the Washington National Opera's upcoming production on May 12-27, Mike Canning will discuss Massenet's romantic opera "Werther." The opera's premiere was delayed for several years because the Opera-Comique thought the plot was too depressing, but we should have a cheerful time talking and listening. Please register with the Capitol Hill Village at 202-543-1778, to get the location of the meeting. **Sign-up deadline is noon, Wednesday, April 25.**

Members only

Friday, April 27 • 12:30-1:30 pm

Southeast Neighborhood Library, 7th and D Streets SE. Accessible from D St.

Balance Class

Join other members in this monthly balance class, which will help you recognize that strength and agility are the best defenses against falls. Practice skills that will keep you on your feet. The class is taught by a physical therapist volunteering from Physiotherapy Associates.

Please RSVP to CHV office by Wednesday, April 25.

Members only

► *continued on page 13*

Upcoming Events *continued from page 12*

Reservation deadline is Friday, April 27
Performance is Wednesday, June 13, 12 Noon
Arena Stage, 1101 Sixth Street SW. Accessible.

The Music Man

We return to Arena Stage to enjoy Meredith Wilson's "The Music Man." When the stage erupts with "76 Trombones," you'll be cheering for Professor Harold Hill, Marian the Librarian and all the townspeople of River City that make this heart-warming musical an American classic. Burke Moses, the original in Broadway's "Beauty and the Beast," will play Harold Hill along with Kate Baldwin as Marian the Librarian.

Ticket price is \$42.40 (40% off the normal price, a significant savings). This performance is expected to sell out quickly. Our reservation deadline is Friday, April 27. However, reservations should be made NOW by phoning the office at 202.543.1778. Checks may be mailed to: CHV, P.O. Box 15126, Washington, DC 20003.

Members and friends

Saturday, April 28 • 2-4 pm
Private Home

Stephen C. Rogers Birthday Party

The Stephen C. Rogers Birthday Party this year is being held at the notably viewable Capitol Hill home of Heather and Tom Foley, the former Speaker of the House. (See further information on page 1.)

Steven C. Rogers died before Capitol Hill Village launched in October 2007, but he is well and fondly remembered. The Capitol Hill Village fund for low-income members is named in Roger's honor and memory. Steve was born on the same day in April as William Shakespeare, and Steve's birthday celebration will include cake and sparkling wine (plus a non-alcoholic bubbly) to salute both special men.

If you plan to attend, contact CHV to learn the location, and bring a gift check if you wish. If you cannot be with us, join us in spirit by sending a check to Capitol Hill Village, PO Box 15126, Washington, DC 20003, noting that it is designated to the Steven C. Rogers Fund.

Open to all

Biking in Your Mind?

If you are interested in becoming part of a CHV biking group, please call Pat at 202.546.0598. We can get together and talk about when we want to ride, how frequently, where, and in general, how the group will work.



Continuing CHV Events

NOTE: You do NOT need to RSVP for continuing events, but please confirm schedule with the office during January.

Every Monday 4:00 pm (note new time)
Garfield Park, South Carolina Ave. at 2nd St. SE

Petanque

Petanque is the French game of boules, similar to the Italian game of bocce. Beginners can request instruction by calling Paul at 543-7530. *Open to all*

Tuesdays and Thursdays 10:00 am
Capitol Hill Presbyterian Church, 4th Street and Independence Avenue SE

Qigong *for Members only*

This gentle, but powerful, Chinese movement exercise is offered by CHV member Joni Bell.